

Ånge: Månens upp- och nedgångar år 2020

| | Januari | Februari | Mars | April | Maj | Juni | Juli | Augusti | September | Oktober | November | December |
|----|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 1 | 11:56 22:22 | 10:21 00:02 | 08:41 00:30 | 09:14 04:40 | 11:00 04:26 | 15:21 03:05 | 18:04 01:28 | 21:28 00:46 | 20:42 03:49 | 19:01 05:51 | 16:20 08:08 | 14:58 10:14 |
| 2 | 12:00 23:42 | 10:27 01:24 | 08:51 01:55 | 10:21 05:30 | 12:42 04:37 | 17:03 03:08 | 19:47 01:35 | 22:00 01:46 | 20:45 05:18 | 19:02 07:13 | 16:25 09:34 | 15:27 11:31 |
| 3 | 12:03 ... | 10:35 02:49 | 09:08 03:21 | 11:50 05:59 | 14:24 04:44 | 18:48 03:13 | 21:24 01:48 | 22:17 03:08 | 20:48 06:44 | 19:04 08:35 | 16:35 11:02 | 16:22 12:27 |
| 4 | 12:07 01:02 | 10:48 04:16 | 09:39 04:41 | 13:31 06:16 | 16:08 04:49 | 20:34 03:18 | 22:42 02:11 | 22:26 04:39 | 20:50 08:07 | 19:06 09:58 | 16:53 12:27 | 17:43 12:58 |
| 5 | 12:12 02:23 | 11:11 05:43 | 10:31 05:46 | 15:16 06:26 | 17:53 04:53 | 22:19 03:27 | 23:32 02:55 | 22:31 06:10 | 20:51 09:28 | 19:10 11:22 | 17:29 13:38 | 19:17 13:13 |
| 6 | 12:19 03:48 | 11:52 06:59 | 11:50 06:29 | 17:03 06:33 | 19:39 04:57 | 23:51 03:44 | 23:57 04:05 | 22:35 07:38 | 20:54 10:50 | 19:17 12:49 | 18:33 14:25 | 20:56 13:21 |
| 7 | 12:30 05:16 | 12:59 07:56 | 13:28 06:54 | 18:50 06:38 | 21:28 05:03 | ... 04:15 | ... 05:32 | 22:37 09:03 | 20:57 12:13 | 19:29 14:15 | 20:00 14:50 | 22:35 13:25 |
| 8 | 12:47 06:46 | 14:30 08:30 | 15:14 07:08 | 20:37 06:43 | 23:15 05:10 | 00:57 05:12 | 00:10 07:04 | 22:39 10:25 | 21:02 13:38 | 19:53 15:36 | 21:37 15:02 | ... 13:27 |
| 9 | 13:18 08:10 | 16:14 08:50 | 17:02 07:17 | 22:24 06:48 | ... 05:23 | 01:33 06:32 | 00:17 08:34 | 22:41 11:46 | 21:11 15:04 | 20:39 16:40 | 23:18 15:09 | 00:14 13:29 |
| 10 | 14:12 09:19 | 18:00 09:02 | 18:49 07:24 | ... 06:55 | 00:55 05:46 | 01:52 08:02 | 00:22 10:00 | 22:44 13:07 | 21:28 16:29 | 21:53 17:19 | ... 15:13 | 01:55 13:31 |
| 11 | 15:31 10:04 | 19:45 09:10 | 20:35 07:29 | 00:11 07:05 | 02:14 06:28 | 02:02 09:32 | 00:25 11:23 | 22:49 14:31 | 22:01 17:46 | 23:27 17:40 | 01:01 15:15 | 03:38 13:33 |
| 12 | 17:08 10:30 | 21:28 09:16 | 22:19 07:35 | 01:53 07:23 | 03:04 07:36 | 02:07 10:59 | 00:27 12:44 | 22:56 15:57 | 23:00 18:41 | ... 17:51 | 02:44 15:17 | 05:26 13:37 |
| 13 | 18:51 10:45 | 23:08 09:21 | ... 07:41 | 03:20 07:54 | 03:30 09:01 | 02:11 12:22 | 00:29 14:05 | 23:09 17:24 | ... 19:14 | 01:09 17:57 | 04:30 15:19 | 07:18 13:44 |
| 14 | 20:33 10:55 | ... 09:27 | 00:03 07:50 | 04:23 08:47 | 03:43 10:29 | 02:14 13:44 | 00:32 15:28 | 23:32 18:48 | 00:25 19:31 | 02:55 18:01 | 06:19 15:23 | 09:10 13:59 |
| 15 | 22:13 11:02 | 00:47 09:34 | 01:43 08:03 | 05:01 10:01 | 03:51 11:56 | 02:16 15:05 | 00:35 16:53 | ... 19:58 | 02:06 19:41 | 04:41 18:04 | 08:12 15:28 | 10:47 14:32 |
| 16 | 23:51 11:07 | 02:25 09:44 | 03:15 08:25 | 05:21 11:25 | 03:56 13:20 | 02:18 16:26 | 00:41 18:21 | 00:16 20:44 | 03:52 19:46 | 06:28 18:06 | 10:07 15:38 | 11:48 15:38 |
| 17 | ... 11:12 | 04:00 10:00 | 04:30 09:04 | 05:32 12:51 | 03:59 14:42 | 02:21 17:50 | 00:50 19:49 | 01:29 21:10 | 05:39 19:50 | 08:17 18:09 | 11:53 16:01 | 12:17 17:12 |
| 18 | 01:27 11:18 | 05:25 10:27 | 05:22 10:03 | 05:39 14:15 | 04:02 16:03 | 02:25 19:17 | 01:07 21:09 | 03:04 21:24 | 07:26 19:53 | 10:09 18:14 | 13:12 16:51 | 12:29 18:51 |
| 19 | 03:04 11:26 | 06:32 11:11 | 05:52 11:19 | 05:43 15:38 | 04:04 17:24 | 02:32 20:46 | 01:39 22:10 | 04:48 21:32 | 09:13 19:57 | 12:01 18:22 | 13:53 18:12 | 12:35 20:27 |
| 20 | 04:40 11:37 | 07:17 12:15 | 06:10 12:42 | 05:46 16:59 | 04:06 18:46 | 02:44 22:12 | 02:36 22:46 | 06:34 21:37 | 11:00 20:01 | 13:49 18:38 | 14:11 19:47 | 12:37 21:58 |
| 21 | 06:12 11:56 | 07:44 13:34 | 06:20 14:07 | 05:49 18:19 | 04:10 20:11 | 03:06 23:26 | 04:00 23:06 | 08:18 21:41 | 12:48 20:07 | 15:20 19:12 | 14:19 21:22 | 12:39 23:24 |
| 22 | 07:33 12:27 | 07:59 14:58 | 06:26 15:31 | 05:51 19:40 | 04:15 21:39 | 03:47 ... | 05:38 23:16 | 10:02 21:44 | 14:34 20:19 | 16:18 20:14 | 14:23 22:54 | 12:40 ... |
| 23 | 08:35 13:18 | 08:09 16:22 | 06:30 16:52 | 05:55 21:03 | 04:23 23:07 | 04:55 00:15 | 07:21 23:23 | 11:44 21:48 | 16:11 20:41 | 16:47 21:40 | 14:26 ... | 12:41 00:46 |
| 24 | 09:14 14:29 | 08:15 17:45 | 06:34 18:13 | 05:59 22:28 | 04:38 ... | 06:23 00:43 | 09:03 23:28 | 13:27 21:53 | 17:27 21:24 | 17:00 23:13 | 14:27 00:20 | 12:42 02:08 |
| 25 | 09:37 15:51 | 08:19 19:06 | 06:37 19:33 | 06:05 23:55 | 05:06 00:28 | 08:02 00:58 | 10:44 23:31 | 15:10 22:01 | 18:13 22:33 | 16:07 23:45 | 14:28 01:43 | 12:43 03:31 |
| 26 | 09:51 17:16 | 08:23 20:26 | 06:40 20:54 | 06:16 ... | 05:55 01:32 | 09:42 01:07 | 12:23 23:35 | 16:51 22:16 | 18:36 ... | 16:10 ... | 14:28 03:05 | 12:46 04:57 |
| 27 | 10:00 18:40 | 08:26 21:46 | 06:44 22:16 | 06:34 01:20 | 07:09 02:13 | 11:22 01:13 | 14:03 23:39 | 18:21 22:43 | 18:48 00:00 | 16:12 01:12 | 14:30 04:27 | 12:52 06:25 |
| 28 | 10:05 20:02 | 08:30 23:07 | 06:49 23:42 | 07:07 02:36 | 08:41 02:36 | 13:01 01:17 | 15:44 23:45 | 19:27 23:34 | 18:54 01:31 | 16:14 02:37 | 14:32 05:51 | 13:03 07:54 |
| 29 | 10:10 21:22 | 08:35 ... | 07:57 00:41 | 08:04 03:33 | 10:19 02:49 | 14:40 01:20 | 17:26 23:55 | 20:06 ... | 18:57 03:01 | 16:15 03:59 | 14:36 07:17 | 13:26 09:17 |
| 30 | 10:13 22:42 | | 08:10 02:07 | 09:25 04:07 | 12:00 02:56 | 16:20 01:24 | 19:04 ... | 20:25 00:49 | 18:59 04:28 | 16:16 05:21 | 14:43 08:46 | 14:12 10:23 |
| 31 | 10:17 ... | | 08:33 03:29 | | 13:40 03:01 | | 20:29 00:12 | 20:36 02:18 | | 16:17 06:43 | | 15:27 11:02 |

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.