

Helsingborg: Astronomisk skymning/gryning år 2020

| | Januari | Februari | Mars | April | Maj | Juni | Juli | Augusti | September | Oktober | November | December |
|----|-------------|-------------|-------------|-------------|-------------|------|------|----------------------|-------------|-------------|-------------|-------------|
| 1 | 06:19 18:06 | 05:56 18:51 | 04:56 19:48 | 04:22 22:05 | 01:57 00:15 | --- | --- | --- | 03:47 22:28 | 05:07 20:48 | 05:10 18:34 | 05:58 17:58 |
| 2 | 06:19 18:07 | 05:54 18:53 | 04:53 19:50 | 04:19 22:08 | 01:46 00:25 | --- | --- | --- | 03:50 22:24 | 05:09 20:46 | 05:12 18:33 | 06:00 17:58 |
| 3 | 06:19 18:08 | 05:52 18:54 | 04:51 19:53 | 04:15 22:11 | 01:31 00:39 | --- | --- | --- | 03:54 22:20 | 05:12 20:43 | 05:13 18:31 | 06:01 17:57 |
| 4 | 06:19 18:09 | 05:51 18:56 | 04:48 19:55 | 04:12 22:14 | --- | --- | --- | --- | 03:57 22:16 | 05:14 20:40 | 05:15 18:29 | 06:02 17:57 |
| 5 | 06:19 18:10 | 05:49 18:58 | 04:46 19:57 | 04:08 22:18 | --- | --- | --- | --- | 04:00 22:13 | 05:16 20:37 | 05:17 18:27 | 06:03 17:56 |
| 6 | 06:19 18:11 | 05:47 19:00 | 04:43 19:59 | 04:05 22:21 | --- | --- | --- | --- | 04:03 22:09 | 05:18 20:34 | 05:19 18:26 | 06:04 17:56 |
| 7 | 06:18 18:12 | 05:46 19:02 | 04:40 20:02 | 04:01 22:24 | --- | --- | --- | --- | 04:06 22:06 | 05:20 20:32 | 05:21 18:24 | 06:05 17:56 |
| 8 | 06:18 18:13 | 05:44 19:04 | 04:37 20:04 | 03:57 22:27 | --- | --- | --- | --- | 04:09 22:02 | 05:22 20:29 | 05:22 18:22 | 06:06 17:56 |
| 9 | 06:18 18:15 | 05:42 19:06 | 04:35 20:06 | 03:53 22:31 | --- | --- | --- | 01:37 00:52 | 04:12 21:58 | 05:24 20:26 | 05:24 18:21 | 06:07 17:56 |
| 10 | 06:17 18:16 | 05:40 19:07 | 04:32 20:08 | 03:49 22:34 | --- | --- | --- | 01:53 00:36 | 04:14 21:55 | 05:26 20:24 | 05:26 18:19 | 06:08 17:56 |
| 11 | 06:17 18:17 | 05:38 19:09 | 04:29 20:11 | 03:45 22:38 | --- | --- | --- | 02:04 00:25 | 04:17 21:51 | 05:29 20:21 | 05:28 18:18 | 06:09 17:56 |
| 12 | 06:16 18:19 | 05:36 19:11 | 04:26 20:13 | 03:41 22:41 | --- | --- | --- | 02:12 00:16 | 04:20 21:48 | 05:31 20:19 | 05:29 18:16 | 06:10 17:56 |
| 13 | 06:16 18:20 | 05:34 19:13 | 04:23 20:15 | 03:37 22:45 | --- | --- | --- | 02:20 00:08 | 04:23 21:44 | 05:33 20:16 | 05:31 18:15 | 06:11 17:56 |
| 14 | 06:15 18:21 | 05:32 19:15 | 04:20 20:18 | 03:33 22:49 | --- | --- | --- | 02:27 00:01 23:54 | 04:26 21:41 | 05:35 20:14 | 05:33 18:14 | 06:12 17:56 |
| 15 | 06:14 18:23 | 05:30 19:17 | 04:17 20:20 | 03:28 22:53 | --- | --- | --- | 02:33 23:48 | 04:28 21:38 | 05:37 20:11 | 05:34 18:12 | 06:13 17:56 |
| 16 | 06:14 18:24 | 05:28 19:19 | 04:14 20:22 | 03:24 22:57 | --- | --- | --- | 02:39 23:42 | 04:31 21:34 | 05:39 20:09 | 05:36 18:11 | 06:13 17:56 |
| 17 | 06:13 18:26 | 05:26 19:21 | 04:11 20:25 | 03:20 23:01 | --- | --- | --- | 02:45 23:37 | 04:33 21:31 | 05:41 20:06 | 05:38 18:10 | 06:14 17:57 |
| 18 | 06:12 18:27 | 05:24 19:23 | 04:08 20:27 | 03:15 23:05 | --- | --- | --- | 02:50 23:31 | 04:36 21:28 | 05:43 20:04 | 05:39 18:09 | 06:15 17:57 |
| 19 | 06:11 18:29 | 05:22 19:25 | 04:05 20:30 | 03:11 23:10 | --- | --- | --- | 02:55 23:26 | 04:39 21:25 | 05:45 20:02 | 05:41 18:08 | 06:15 17:57 |
| 20 | 06:10 18:30 | 05:20 19:27 | 04:02 20:32 | 03:06 23:14 | --- | --- | --- | 03:00 23:21 | 04:41 21:21 | 05:47 20:00 | 05:42 18:07 | 06:16 17:58 |
| 21 | 06:09 18:32 | 05:17 19:29 | 03:59 20:35 | 03:01 23:19 | --- | --- | --- | 03:05 23:16 | 04:44 21:18 | 05:49 19:57 | 05:44 18:06 | 06:17 17:58 |
| 22 | 06:08 18:33 | 05:15 19:31 | 03:56 20:38 | 02:56 23:24 | --- | --- | --- | 03:09 23:11 | 04:46 21:15 | 05:51 19:55 | 05:46 18:05 | 06:17 17:59 |
| 23 | 06:07 18:35 | 05:13 19:33 | 03:53 20:40 | 02:51 23:29 | --- | --- | --- | 03:13 23:06 | 04:49 21:12 | 05:53 19:53 | 05:47 18:04 | 06:17 17:59 |
| 24 | 06:06 18:37 | 05:11 19:35 | 03:50 20:43 | 02:45 23:34 | --- | --- | --- | 03:17 23:02 | 04:51 21:09 | 05:55 19:51 | 05:49 18:03 | 06:18 18:00 |
| 25 | 06:05 18:38 | 05:08 19:37 | 03:46 20:46 | 02:40 23:40 | --- | --- | --- | 03:21 22:57 | 04:53 21:06 | 04:57 18:48 | 05:50 18:02 | 06:18 18:01 |
| 26 | 06:04 18:40 | 05:06 19:40 | 03:43 20:48 | 02:34 23:46 | --- | --- | --- | 03:25 22:53 | 04:56 21:03 | 04:59 18:46 | 05:51 18:01 | 06:19 18:01 |
| 27 | 06:02 18:42 | 05:03 19:42 | 03:40 20:51 | 02:27 23:52 | --- | --- | --- | 03:29 22:48 | 04:58 21:00 | 05:01 18:44 | 05:53 18:00 | 06:19 18:02 |
| 28 | 06:01 18:44 | 05:01 19:44 | 03:36 20:54 | 02:21 23:59 | --- | --- | --- | 03:33 22:44 | 05:00 20:57 | 05:02 18:42 | 05:54 18:00 | 06:19 18:03 |
| 29 | 06:00 18:45 | 04:59 19:46 | 04:33 21:57 | 02:14 ... | --- | --- | --- | 03:36 22:40 | 05:03 20:54 | 05:04 18:40 | 05:56 17:59 | 06:19 18:04 |
| 30 | 05:58 18:47 | | 04:29 22:00 | 02:06 00:06 | --- | --- | --- | 03:40 22:36 | 05:05 20:51 | 05:06 18:38 | 05:57 17:59 | 06:19 18:05 |
| 31 | 05:57 18:49 | | 04:26 22:03 | | --- | | --- | 03:43 22:32 | | 05:08 18:36 | | 06:19 18:06 |

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

... : Fenomenet inträffar först nästa dag.

--- : Fenomenet utgår därför att solen aldrig når så långt under horisonten.

Två tider/uppgifter samma dag betyder att fenomenet inträffar två gånger samma dag. Detta kan hända vid enstaka fall i hela Sverige.