

Kristianstad: Solens upp- och nedgångar år 2020

| | Januari | Februari | Mars | April | Maj | Juni | Juli | Augusti | September | Oktober | November | December |
|----|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 1 | 08:35 15:38 | 07:59 16:35 | 06:54 17:38 | 06:33 19:42 | 05:18 20:44 | 04:25 21:38 | 04:22 21:52 | 05:08 21:10 | 06:08 19:57 | 07:07 18:38 | 07:11 16:22 | 08:11 15:34 |
| 2 | 08:34 15:40 | 07:58 16:37 | 06:51 17:40 | 06:30 19:44 | 05:16 20:46 | 04:24 21:40 | 04:22 21:52 | 05:10 21:08 | 06:10 19:54 | 07:09 18:35 | 07:13 16:20 | 08:12 15:33 |
| 3 | 08:34 15:41 | 07:56 16:39 | 06:49 17:42 | 06:28 19:46 | 05:14 20:48 | 04:23 21:41 | 04:23 21:51 | 05:11 21:06 | 06:12 19:52 | 07:11 18:32 | 07:15 16:17 | 08:14 15:32 |
| 4 | 08:34 15:42 | 07:54 16:41 | 06:46 17:45 | 06:25 19:48 | 05:12 20:50 | 04:22 21:42 | 04:24 21:50 | 05:13 21:04 | 06:14 19:49 | 07:13 18:30 | 07:17 16:15 | 08:15 15:31 |
| 5 | 08:33 15:44 | 07:52 16:44 | 06:44 17:47 | 06:22 19:51 | 05:10 20:52 | 04:21 21:43 | 04:25 21:50 | 05:15 21:02 | 06:16 19:46 | 07:15 18:27 | 07:19 16:13 | 08:17 15:31 |
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| 31 | 08:01 16:33 | | 06:36 19:40 | | 04:26 21:37 | | 05:06 21:12 | 06:06 20:00 | | 07:09 16:24 | | 08:35 15:38 |

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser solens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - solen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta händer enbart i nordligaste Sverige.

två tider för upp- eller nedgången betyder att solen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i nordligaste Sverige.