

Sälen: Månens upp- och nedgångar år 2020

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	12:02 22:35	10:35 00:09	08:59 00:33	09:43 04:31	11:22 04:24	15:30 03:14	18:05 01:44	21:17 01:17	20:44 04:09	19:10 06:04	16:38 08:11	15:25 10:06
2	12:08 23:52	10:43 01:29	09:12 01:55	10:49 05:22	13:00 04:38	17:10 03:20	19:44 01:55	21:53 02:16	20:51 05:35	19:13 07:23	16:46 09:34	15:59 11:19
3	12:13 ...	10:54 02:51	09:32 03:17	12:14 05:55	14:39 04:49	18:51 03:26	21:16 02:11	22:14 03:34	20:55 06:58	19:17 08:43	17:00 10:58	16:55 12:14
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.