

# Strömsund: Månens upp- och nedgångar år 2020

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	12:00 22:19	10:17 00:06	08:33 00:38	08:51 05:04	10:48 04:40	15:21 03:06	18:14 01:22	21:54 00:20	20:50 03:39	19:02 05:50	16:12 08:16	14:35 10:36
2	12:02 23:42	10:20 01:30	08:39 02:07	10:00 05:52	12:33 04:47	17:07 03:07	20:03 01:25	22:21 01:20	20:50 05:11	19:01 07:14	16:13 09:47	14:58 12:02
3	12:03 ...	10:26 02:59	08:52 03:38	11:34 06:16	14:20 04:50	18:55 03:08	21:47 01:32	22:31 02:49	20:50 06:40	19:01 08:39	16:17 11:20	15:53 12:57
4	12:05 01:04	10:35 04:30	09:18 05:03	13:20 06:28	16:07 04:52	20:47 03:11	23:10 01:49	22:36 04:25	20:50 08:06	19:00 10:04	16:29 12:52	17:21 13:20
5	12:08 02:28	10:54 06:01	10:09 06:09	15:10 06:34	17:55 04:53	22:37 03:15	23:56 02:28	22:38 06:01	20:50 09:30	19:01 11:32	17:00 14:09	19:02 13:29
6	12:12 03:56	11:31 07:21	11:32 06:48	17:01 06:38	19:45 04:55	... 03:26	... 03:42	22:39 07:32	20:49 10:54	19:03 13:03	18:06 14:53	20:46 13:32
7	12:19 05:27	12:39 08:17	13:15 07:08	18:50 06:40	21:37 04:57	00:17 03:51	00:15 05:16	22:39 09:00	20:50 12:20	19:10 14:35	19:40 15:10	22:29 13:32
8	12:32 07:02	14:15 08:47	15:06 07:18	20:41 06:42	23:31 05:00	01:24 04:46	00:23 06:53	22:39 10:25	20:52 13:48	19:27 16:02	21:24 15:16	... 13:31
9	12:58 08:31	16:04 09:02	16:58 07:23	22:32 06:44	... 05:08	01:55 06:11	00:26 08:27	22:39 11:48	20:57 15:19	20:11 17:09	23:11 15:18	00:12 13:30
10	13:51 09:41	17:54 09:10	18:48 07:27	... 06:47	01:17 05:24	02:07 07:48	00:28 09:56	22:39 13:13	21:08 16:51	21:30 17:43	... 15:18	01:56 13:29
11	15:14 10:23	19:43 09:14	20:37 07:30	00:23 06:53	02:41 06:02	02:13 09:22	00:28 11:22	22:41 14:39	21:35 18:12	23:11 17:57	00:57 15:18	03:42 13:28
12	16:56 10:44	21:28 09:17	22:25 07:32	02:11 07:05	03:28 07:13	02:15 10:53	00:28 12:45	22:44 16:09	22:35 19:08	... 18:02	02:43 15:17	05:34 13:28
13	18:43 10:55	23:12 09:20	... 07:35	03:44 07:30	03:48 08:44	02:16 12:19	00:28 14:09	22:52 17:41	... 19:34	00:59 18:05	04:32 15:16	07:32 13:30
14	20:29 11:01	... 09:23	00:12 07:40	04:49 08:22	03:57 10:17	02:16 13:43	00:28 15:34	23:10 19:11	00:06 19:45	02:49 18:05	06:25 15:16	09:32 13:37
15	22:12 11:05	00:55 09:27	01:57 07:49	05:21 09:41	04:01 11:49	02:16 15:06	00:29 17:03	23:51 20:24	01:53 19:50	04:39 18:05	08:23 15:17	11:19 14:00
16	23:53 11:08	02:36 09:34	03:34 08:06	05:36 11:10	04:02 13:16	02:16 16:31	00:32 18:34	... 21:08	03:44 19:52	06:29 18:05	10:25 15:21	12:20 15:08
17	... 11:10	04:15 09:45	04:54 08:40	05:43 12:41	04:03 14:40	02:17 17:58	00:37 20:08	01:07 21:27	05:36 19:53	08:22 18:04	12:21 15:34	12:38 16:51
18	01:32 11:13	05:45 10:07	05:45 09:41	05:47 14:09	04:03 16:03	02:18 19:28	00:48 21:34	02:48 21:35	07:26 19:53	10:17 18:05	13:46 16:17	12:44 18:38
19	03:12 11:18	06:56 10:48	06:11 11:02	05:49 15:34	04:03 17:26	02:21 21:02	01:15 22:35	04:38 21:39	09:16 19:53	12:15 18:08	14:19 17:47	12:45 20:19
20	04:52 11:25	07:39 11:55	06:23 12:30	05:49 16:58	04:03 18:52	02:29 22:34	02:12 23:06	06:28 21:41	11:06 19:54	14:11 18:16	14:29 19:30	12:44 21:53
21	06:29 11:39	08:01 13:18	06:30 13:59	05:50 18:20	04:04 20:20	02:45 23:52	03:41 23:20	08:16 21:42	12:59 19:56	15:51 18:41	14:31 21:12	12:43 23:22
22	07:55 12:06	08:12 14:47	06:33 15:25	05:50 19:44	04:06 21:52	03:22 ...	05:25 23:26	10:03 21:42	14:51 20:02	16:48 19:45	14:32 22:47	12:41 ...
23	08:58 12:56	08:17 16:15	06:35 16:50	05:51 21:10	04:11 23:25	04:32 00:39	07:13 23:29	11:49 21:43	16:36 20:17	17:09 21:19	14:31 ...	12:40 00:47
24	09:34 14:10	08:21 17:41	06:36 18:12	05:52 22:38	04:21 ...	06:07 01:01	08:59 23:31	13:35 21:45	17:58 20:55	17:15 22:59	14:30 00:16	12:38 02:12
25	09:52 15:37	08:23 19:04	06:37 19:35	05:56 ...	04:43 00:52	07:51 01:11	10:43 23:32	15:23 21:49	18:39 22:09	16:17 23:36	14:28 01:42	12:37 03:37
26	10:02 17:06	08:24 20:26	06:38 20:59	06:02 00:09	05:30 01:58	09:35 01:15	12:25 23:32	17:09 21:58	18:55 23:43	16:18 ...	14:27 03:07	12:37 05:06
27	10:07 18:33	08:26 21:49	06:39 22:24	06:15 01:40	06:49 02:35	11:19 01:18	14:08 23:34	18:46 22:18	19:01 ...	16:17 01:07	14:25 04:31	12:39 06:38
28	10:10 19:58	08:27 23:13	06:42 23:53	06:44 03:01	08:26 02:52	13:01 01:19	15:53 23:36	19:56 23:07	19:03 01:19	16:16 02:34	14:25 05:58	12:44 08:14
29	10:12 21:21	08:29 ...	07:46 00:52	07:41 03:57	10:10 03:00	14:43 01:20	17:40 23:41	20:29 ...	19:03 02:53	16:14 03:59	14:25 07:28	13:00 09:45
30	10:14 22:43		07:55 02:22	09:07 04:26	11:54 03:03	16:27 01:20	19:24 23:53	20:42 00:27	19:03 04:23	16:13 05:23	14:27 09:02	13:42 10:54
31	10:15 ...		08:13 03:50		13:38 03:05		20:56 ...	20:48 02:03		16:12 06:49		15:03 11:27

Framtagen av André Franke, meteorolog och amatörastronom, [www.astroinfo.se](http://www.astroinfo.se)

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.