

Sveg: Månens upp- och nedgångar år 2020

| | Januari | Februari | Mars | April | Maj | Juni | Juli | Augusti | September | Oktober | November | December |
|----|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 1 | 11:59 22:28 | 10:28 00:06 | 08:49 00:33 | 09:27 04:38 | 11:10 04:27 | 15:26 03:10 | 18:06 01:36 | 21:25 01:00 | 20:44 03:58 | 19:06 05:58 | 16:28 08:11 | 15:10 10:12 |
| 2 | 12:04 23:47 | 10:34 01:27 | 09:01 01:57 | 10:33 05:28 | 12:50 04:39 | 17:07 03:14 | 19:48 01:44 | 21:59 01:59 | 20:49 05:26 | 19:08 07:19 | 16:35 09:36 | 15:41 11:28 |
| 3 | 12:09 ... | 10:44 02:51 | 09:19 03:21 | 12:01 05:59 | 14:32 04:47 | 18:51 03:19 | 21:23 01:58 | 22:17 03:19 | 20:52 06:51 | 19:10 08:40 | 16:46 11:02 | 16:36 12:24 |
| 4 | 12:13 01:06 | 10:58 04:17 | 09:51 04:40 | 13:40 06:17 | 16:14 04:53 | 20:36 03:26 | 22:40 02:23 | 22:28 04:49 | 20:55 08:13 | 19:14 10:01 | 17:06 12:25 | 17:55 12:56 |
| 5 | 12:19 02:27 | 11:22 05:42 | 10:44 05:44 | 15:24 06:29 | 17:58 04:59 | 22:18 03:37 | 23:29 03:08 | 22:34 06:18 | 20:57 09:34 | 19:18 11:25 | 17:44 13:34 | 19:27 13:13 |
| 6 | 12:27 03:51 | 12:04 06:58 | 12:02 06:28 | 17:10 06:37 | 19:43 05:04 | 23:49 03:55 | 23:57 04:18 | 22:39 07:45 | 21:00 10:54 | 19:26 12:50 | 18:47 14:22 | 21:04 13:22 |
| 7 | 12:39 05:18 | 13:11 07:55 | 13:38 06:54 | 18:55 06:43 | 21:30 05:10 | ... 04:28 | ... 05:44 | 22:42 09:09 | 21:05 12:16 | 19:40 14:15 | 20:11 14:49 | 22:42 13:28 |
| 8 | 12:58 06:46 | 14:41 08:30 | 15:23 07:10 | 20:41 06:49 | 23:16 05:19 | 00:54 05:25 | 00:11 07:14 | 22:45 10:30 | 21:11 13:40 | 20:06 15:33 | 21:47 15:03 | ... 13:31 |
| 9 | 13:30 08:10 | 16:23 08:52 | 17:09 07:21 | 22:27 06:55 | ... 05:33 | 01:32 06:44 | 00:20 08:42 | 22:48 11:51 | 21:21 15:05 | 20:53 16:36 | 23:27 15:11 | 00:20 13:34 |
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| 11 | 15:43 10:03 | 19:52 09:14 | 20:40 07:35 | 00:13 07:15 | 02:11 06:42 | 02:04 09:41 | 00:29 11:29 | 22:57 14:34 | 22:14 17:43 | 23:38 17:39 | 01:08 15:20 | 03:42 13:40 |
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| 24 | 09:14 14:40 | 08:18 17:53 | 06:38 18:18 | 06:06 22:30 | 04:49 ... | 06:34 00:43 | 09:10 23:32 | 13:30 22:01 | 17:24 21:38 | 17:01 23:24 | 14:31 00:27 | 12:48 02:13 |
| 25 | 09:38 16:01 | 08:23 19:13 | 06:42 19:38 | 06:14 23:56 | 05:18 00:26 | 08:11 01:00 | 10:50 23:36 | 15:12 22:11 | 18:11 22:47 | 16:09 23:53 | 14:33 01:49 | 12:51 03:35 |
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| 31 | 10:23 ... | | 08:45 03:29 | | 13:46 03:05 | | 20:27 00:24 | 20:37 02:28 | | 16:24 06:47 | | 15:40 10:59 |

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.