

Umeå: Solens upp- och nedgångar år 2020

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	09:26 13:58	08:19 15:27	06:45 16:59	05:57 19:31	04:12 21:02	02:39 22:37	02:24 23:00	03:50 21:38	05:23 19:52	06:48 18:07	07:21 15:22	08:54 14:02
2	09:25 14:00	08:16 15:30	06:41 17:02	05:53 19:33	04:09 21:05	02:36 22:39	02:26 22:59	03:53 21:35	05:26 19:49	06:51 18:04	07:24 15:19	08:56 14:00
3	09:24 14:02	08:13 15:33	06:38 17:05	05:49 19:36	04:06 21:08	02:34 22:42	02:28 22:57	03:56 21:32	05:29 19:45	06:54 18:00	07:27 15:16	08:59 13:58
4	09:23 14:04	08:10 15:37	06:34 17:08	05:46 19:39	04:02 21:11	02:32 22:44	02:30 22:55	03:59 21:28	05:32 19:42	06:57 17:57	07:31 15:13	09:02 13:57
5	09:22 14:07	08:07 15:40	06:31 17:11	05:42 19:42	03:59 21:14	02:30 22:47	02:32 22:53	04:02 21:25	05:35 19:38	07:00 17:53	07:34 15:10	09:04 13:55
6	09:20 14:09	08:04 15:43	06:27 17:14	05:39 19:45	03:56 21:18	02:28 22:49	02:34 22:51	04:05 21:22	05:37 19:35	07:03 17:50	07:37 15:07	09:06 13:54
7	09:19 14:11	08:01 15:46	06:24 17:17	05:35 19:48	03:52 21:21	02:26 22:51	02:37 22:49	04:08 21:18	05:40 19:31	07:06 17:46	07:40 15:04	09:08 13:52
8	09:17 14:14	07:57 15:50	06:20 17:20	05:32 19:51	03:49 21:24	02:24 22:53	02:39 22:47	04:11 21:15	05:43 19:28	07:08 17:43	07:43 15:01	09:11 13:51
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser solens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - solen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta händer enbart i nordligaste Sverige.

två tider för upp- eller nedgången betyder att solen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i nordligaste Sverige.