

Umeå: Månens upp- och nedgångar år 2020

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	11:41 21:59	09:59 ...	08:14 00:18	08:32 04:44	10:28 04:21	15:01 02:47	17:54 01:03	21:34 00:02	20:31 03:19	18:43 05:30	15:53 07:56	14:17 10:16
2	11:43 23:22	10:02 01:10	08:21 01:47	09:40 05:32	12:13 04:28	16:47 02:48	19:42 01:07	22:01 01:01	20:32 04:52	18:42 06:55	15:55 09:27	14:39 11:41
3	11:44 ...	10:07 02:38	08:33 03:17	11:14 05:57	14:00 04:31	18:35 02:50	21:26 01:14	22:12 02:29	20:32 06:20	18:42 08:19	15:59 11:00	15:33 12:37
4	11:46 00:44	10:16 04:10	08:59 04:42	13:01 06:09	15:47 04:33	20:26 02:52	22:50 01:30	22:17 04:06	20:31 07:46	18:42 09:44	16:10 12:31	17:01 13:01
5	11:49 02:08	10:35 05:41	09:50 05:49	14:50 06:15	17:35 04:35	22:17 02:57	23:36 02:09	22:19 05:41	20:31 09:10	18:42 11:12	16:41 13:49	18:42 13:10
6	11:53 03:36	11:12 07:01	11:12 06:28	16:40 06:19	19:25 04:36	23:56 03:07	23:56 03:22	22:20 07:13	20:31 10:34	18:45 12:42	17:47 14:33	20:26 13:13
7	12:00 05:07	12:19 07:57	12:56 06:49	18:30 06:21	21:17 04:38	... 03:32	... 04:56	22:20 08:40	20:31 12:00	18:52 14:14	19:21 14:51	22:09 13:13
8	12:13 06:41	13:55 08:27	14:46 06:59	20:20 06:23	23:10 04:42	01:04 04:26	00:04 06:33	22:20 10:05	20:33 13:28	19:09 15:42	21:04 14:57	23:52 13:13
9	12:39 08:11	15:44 08:42	16:38 07:05	22:12 06:25	... 04:49	01:35 05:52	00:07 08:07	22:20 11:28	20:38 14:59	19:52 16:49	22:50 14:59	... 13:12
10	13:31 09:21	17:34 08:51	18:28 07:08	... 06:28	00:57 05:05	01:48 07:28	00:09 09:36	22:20 12:53	20:49 16:30	21:11 17:24	... 15:00	01:35 13:11
11	14:54 10:03	19:23 08:56	20:17 07:11	00:03 06:34	02:21 05:43	01:54 09:03	00:09 11:02	22:22 14:19	21:16 17:52	22:51 17:38	00:36 14:59	03:22 13:10
12	16:36 10:24	21:08 08:59	22:05 07:13	01:50 06:46	03:08 06:54	01:56 10:33	00:09 12:25	22:25 15:49	22:15 18:48	... 17:43	02:23 14:59	05:14 13:10
13	18:23 10:35	22:52 09:02	23:52 07:16	03:24 07:12	03:29 08:24	01:57 12:00	00:09 13:49	22:33 17:21	23:47 19:15	00:39 17:46	04:12 14:58	07:11 13:11
14	20:09 10:42	... 09:05	... 07:21	04:29 08:03	03:37 09:58	01:57 13:23	00:09 15:14	22:51 18:51	... 19:26	02:29 17:46	06:05 14:58	09:11 13:18
15	21:52 10:46	00:34 09:09	01:37 07:30	05:02 09:21	03:41 11:29	01:57 14:47	00:10 16:42	23:32 20:05	01:33 19:31	04:18 17:46	08:03 14:58	10:59 13:41
16	23:33 10:49	02:16 09:15	03:14 07:47	05:17 10:51	03:43 12:56	01:58 16:11	00:13 18:14	... 20:48	03:24 19:33	06:09 17:46	10:04 15:02	12:00 14:48
17	... 10:52	03:55 09:26	04:34 08:21	05:24 12:21	03:44 14:20	01:58 17:38	00:18 19:48	00:48 21:08	05:15 19:34	08:02 17:46	12:00 15:15	12:19 16:31
18	01:12 10:55	05:25 09:48	05:25 09:21	05:28 13:49	03:44 15:43	02:00 19:08	00:30 21:14	02:28 21:16	07:06 19:34	09:57 17:46	13:26 15:58	12:24 18:18
19	02:52 10:59	06:36 10:29	05:52 10:42	05:30 15:14	03:44 17:07	02:03 20:42	00:56 22:15	04:18 21:20	08:55 19:34	11:55 17:49	14:00 17:27	12:26 19:59
20	04:32 11:07	07:19 11:35	06:04 12:10	05:30 16:38	03:45 18:32	02:10 22:14	01:52 22:47	06:08 21:22	10:46 19:35	13:51 17:58	14:10 19:11	12:25 21:33
21	06:09 11:21	07:41 12:59	06:11 13:39	05:31 18:01	03:46 20:00	02:26 23:32	03:21 23:01	07:56 21:23	12:38 19:38	15:30 18:22	14:13 20:52	12:24 23:02
22	07:35 11:47	07:53 14:27	06:14 15:05	05:31 19:24	03:48 21:32	03:03 ...	05:05 23:07	09:42 21:24	14:30 19:43	16:28 19:26	14:13 22:27	12:22 ...
23	08:38 12:37	07:59 15:55	06:16 16:30	05:32 20:50	03:52 23:05	04:12 00:19	06:53 23:10	11:28 21:25	16:15 19:58	16:49 21:00	14:12 23:57	12:21 00:27
24	09:15 13:51	08:02 17:21	06:17 17:53	05:33 22:18	04:02 ...	05:47 00:41	08:39 23:12	13:15 21:26	17:37 20:35	16:56 22:39	14:11 ...	12:20 01:52
25	09:33 15:17	08:04 18:45	06:18 19:15	05:37 23:49	04:24 00:32	07:31 00:52	10:23 23:13	15:03 21:30	18:20 21:49	15:59 23:16	14:10 01:22	12:19 03:17
26	09:43 16:46	08:06 20:07	06:19 20:38	05:43 ...	05:11 01:38	09:15 00:57	12:05 23:14	16:49 21:39	18:36 23:23	15:59 ...	14:08 02:47	12:19 04:46
27	09:48 18:14	08:07 21:29	06:20 22:04	05:56 01:19	06:29 02:16	10:59 00:59	13:48 23:15	18:26 22:00	18:42 ...	15:58 00:47	14:07 04:11	12:20 06:18
28	09:52 19:38	08:08 22:52	06:23 23:33	06:25 02:40	08:06 02:33	12:40 01:00	15:33 23:17	19:36 22:47	18:44 01:00	15:57 02:14	14:06 05:38	12:25 07:53
29	09:54 21:01	08:11 ...	07:28 00:32	07:21 03:37	09:50 02:41	14:22 01:01	17:19 23:22	20:09 ...	18:44 02:33	15:56 03:39	14:06 07:08	12:41 09:25
30	09:55 22:23		07:36 02:02	08:47 04:07	11:34 02:44	16:07 01:02	19:04 23:34	20:23 00:08	18:44 04:03	15:54 05:04	14:09 08:42	13:23 10:34
31	09:57 23:46		07:54 03:30		13:18 02:46		20:35 ...	20:28 01:43		15:54 06:29		14:43 11:08

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.