

Älvdalen: Månens upp- och nedgångar år 2019

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	03:39 12:53	06:31 12:38	05:22 11:21	06:23 14:40	05:05 16:14	03:49 19:20	02:44 21:11	04:26 22:13	08:29 21:12	10:48 19:49	13:07 18:32	13:04 19:34
2	05:02 13:09	07:24 13:27	06:05 12:19	06:36 15:57	05:13 17:34	04:01 20:48	03:19 22:22	06:04 22:32	10:08 21:22	12:24 20:04	14:01 19:29	13:22 20:55
3	06:21 13:30	08:03 14:28	06:36 13:26	06:46 17:15	05:21 18:55	04:19 22:15	04:13 23:15	07:45 22:45	11:45 21:32	13:54 20:26	14:36 20:40	13:33 22:15
4	07:34 13:59	08:31 15:38	06:59 14:39	06:55 18:33	05:30 20:19	04:46 23:34	05:28 23:49	09:25 22:56	13:19 21:45	15:13 20:59	14:58 21:58	13:42 23:34
5	08:37 14:40	08:51 16:52	07:14 15:55	07:03 19:52	05:41 21:45	05:28 ...	06:59 ...	11:02 23:05	14:49 22:03	16:16 21:46	15:13 23:17	13:48 ...
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.