

Arvika: Månens upp- och nedgångar år 2019

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	03:39 13:06	06:22 12:59	05:13 11:43	06:20 14:54	05:08 16:22	04:00 19:19	03:03 21:02	04:45 22:09	08:37 21:18	10:48 20:02	12:56 18:55	12:57 19:53
2	04:59 13:24	07:15 13:48	05:57 12:39	06:36 16:09	05:18 17:39	04:15 20:44	03:40 22:13	06:20 22:31	10:13 21:30	12:21 20:20	13:49 19:52	13:17 21:11
3	06:16 13:47	07:56 14:48	06:30 13:44	06:48 17:24	05:29 18:58	04:36 22:08	04:35 23:06	07:58 22:47	11:46 21:44	13:47 20:45	14:27 21:01	13:31 22:28
4	07:27 14:19	08:26 15:55	06:54 14:55	06:59 18:40	05:40 20:19	05:06 23:24	05:49 23:43	09:34 23:00	13:17 22:00	15:04 21:20	14:52 22:15	13:42 23:45
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31	05:18 12:21		06:01 13:41		03:48 17:56		03:22 21:38	06:59 21:05		11:44 18:12		11:51 21:24

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.