

Borlänge: Månens upp- och nedgångar år 2019

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	03:30 12:51	06:18 12:40	05:09 11:23	06:13 14:38	04:58 16:09	03:46 19:11	02:45 20:58	04:26 22:03	08:24 21:06	10:39 19:47	12:53 18:35	12:52 19:34
2	04:52 13:08	07:11 13:29	05:53 12:20	06:27 15:54	05:07 17:28	04:00 20:37	03:20 22:09	06:03 22:23	10:02 21:17	12:14 20:04	13:46 19:32	13:11 20:54
3	06:10 13:30	07:51 14:29	06:25 13:26	06:39 17:10	05:16 18:48	04:19 22:03	04:15 23:02	07:42 22:38	11:37 21:29	13:42 20:27	14:23 20:41	13:24 22:12
4	07:22 14:00	08:20 15:37	06:48 14:38	06:49 18:28	05:26 20:10	04:47 23:20	05:29 23:38	09:20 22:49	13:09 21:44	15:00 21:01	14:47 21:57	13:34 23:31
5	08:24 14:42	08:41 16:50	07:05 15:53	06:58 19:46	05:38 21:35	05:30 ...	06:59 ...	10:56 23:00	14:37 22:03	16:02 21:48	15:03 23:15	13:41 ...
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.