

Eskilstuna: Månens upp- och nedgångar år 2019

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	03:21 12:51	06:04 12:45	04:54 11:29	06:03 14:39	04:52 16:06	03:45 19:02	02:49 20:43	04:31 21:52	08:20 21:02	10:30 19:47	12:36 18:42	12:38 19:39
2	04:41 13:09	06:56 13:34	05:39 12:25	06:19 15:53	05:03 17:23	04:00 20:26	03:26 21:54	06:05 22:14	09:56 21:15	12:03 20:06	13:30 19:39	13:00 20:56
3	05:58 13:33	07:37 14:33	06:12 13:30	06:32 17:08	05:13 18:41	04:21 21:49	04:21 22:47	07:42 22:30	11:29 21:29	13:29 20:32	14:08 20:47	13:14 22:13
4	07:08 14:05	08:08 15:40	06:37 14:40	06:43 18:23	05:25 20:02	04:52 23:05	05:34 23:25	09:18 22:44	12:59 21:45	14:45 21:07	14:34 22:01	13:26 23:29
5	08:09 14:47	08:31 16:52	06:56 15:53	06:54 19:40	05:38 21:24	05:36 ...	07:02 23:51	10:51 22:57	14:25 22:06	15:46 21:55	14:52 23:17	13:35 ...
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.