

Idre: Månens upp- och nedgångar år 2019

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	03:46 12:56	06:42 12:37	05:33 11:20	06:32 14:42	05:11 16:19	03:52 19:28	02:44 21:23	04:26 22:23	08:34 21:17	10:57 19:51	13:20 18:29	13:15 19:33
2	05:11 13:10	07:35 13:26	06:17 12:18	06:44 16:00	05:18 17:39	04:03 20:58	03:17 22:35	06:06 22:40	10:14 21:25	12:34 20:05	14:13 19:27	13:31 20:56
3	06:31 13:30	08:14 14:27	06:47 13:26	06:53 17:19	05:26 19:02	04:19 22:26	04:11 23:27	07:48 22:52	11:52 21:35	14:05 20:25	14:47 20:39	13:42 22:17
4	07:46 13:59	08:41 15:38	07:08 14:40	07:01 18:38	05:33 20:26	04:45 23:46	05:27 23:59	09:29 23:01	13:27 21:47	15:26 20:57	15:08 21:58	13:49 23:38
5	08:49 14:39	09:00 16:54	07:22 15:58	07:08 19:58	05:43 21:54	05:26 ...	07:00 ...	11:07 23:10	14:59 22:03	16:29 21:43	15:21 23:19	13:55 ...
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8	10:36 17:51	09:34 20:45	07:51 19:52	07:36 ...	06:47 00:45	09:24 01:55	11:54 00:44	15:46 23:42	18:30 23:54	17:59 ...	15:43 01:58	14:10 03:36
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.