

Jönköping: Månens upp- och nedgångar år 2019

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	03:26 13:06	06:01 13:07	04:51 11:51	06:05 14:56	04:59 16:17	03:59 19:05	03:09 20:41	04:52 21:52	08:31 21:12	10:35 20:03	12:32 19:06	12:36 20:00
2	04:44 13:27	06:53 13:56	05:36 12:47	06:23 16:08	05:11 17:32	04:17 20:27	03:48 21:50	06:23 22:17	10:04 21:27	12:04 20:25	13:26 20:03	13:00 21:14
3	05:58 13:53	07:35 14:55	06:11 13:50	06:37 17:21	05:24 18:48	04:40 21:48	04:44 22:44	07:57 22:36	11:35 21:43	13:27 20:53	14:05 21:09	13:17 22:29
4	07:07 14:26	08:07 16:00	06:37 14:58	06:51 18:34	05:37 20:07	05:13 23:02	05:57 23:25	09:30 22:52	13:02 22:02	14:41 21:30	14:33 22:20	13:30 23:43
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.