

Örebro: Nautisk skymning/gryning år 2019

| | Januari | Februari | Mars | April | Maj | Juni | Juli | Augusti | September | Oktober | November | December |
|----|-------------|-------------|-------------|-------------|-------------|------|-------------|----------------------|-------------|-------------|-------------|-------------|
| 1 | 07:06 17:00 | 06:34 17:52 | 05:29 18:55 | 04:53 21:15 | 02:54 23:02 | --- | --- | 01:52 00:19 | 04:14 21:42 | 05:35 20:01 | 05:45 17:39 | 06:42 16:54 |
| 2 | 07:06 17:01 | 06:32 17:54 | 05:26 18:57 | 04:50 21:18 | 02:50 23:07 | --- | --- | 02:01 00:10 | 04:17 21:38 | 05:37 19:58 | 05:47 17:37 | 06:43 16:53 |
| 3 | 07:05 17:02 | 06:30 17:56 | 05:24 19:00 | 04:46 21:21 | 02:44 23:12 | --- | --- | 02:09 00:02 23:55 | 04:20 21:34 | 05:39 19:55 | 05:49 17:35 | 06:45 16:52 |
| 4 | 07:05 17:03 | 06:28 17:58 | 05:21 19:02 | 04:43 21:24 | 02:39 23:17 | --- | --- | 02:16 23:49 | 04:23 21:31 | 05:42 19:52 | 05:51 17:33 | 06:46 16:52 |
| 5 | 07:05 17:04 | 06:26 18:00 | 05:18 19:05 | 04:39 21:27 | 02:34 23:23 | --- | --- | 02:22 23:42 | 04:26 21:27 | 05:44 19:49 | 05:53 17:31 | 06:48 16:51 |
| 6 | 07:04 17:06 | 06:24 18:03 | 05:15 19:07 | 04:35 21:30 | 02:28 23:28 | --- | --- | 02:29 23:36 | 04:29 21:24 | 05:47 19:46 | 05:55 17:29 | 06:49 16:51 |
| 7 | 07:04 17:07 | 06:22 18:05 | 05:12 19:09 | 04:32 21:33 | 02:22 23:34 | --- | --- | 02:34 23:31 | 04:32 21:20 | 05:49 19:43 | 05:58 17:27 | 06:50 16:50 |
| 8 | 07:03 17:08 | 06:20 18:07 | 05:09 19:12 | 04:28 21:36 | 02:16 23:41 | --- | --- | 02:40 23:25 | 04:35 21:16 | 05:51 19:40 | 06:00 17:25 | 06:51 16:50 |
| 9 | 07:03 17:10 | 06:18 18:09 | 05:07 19:14 | 04:25 21:39 | 02:10 23:48 | --- | --- | 02:45 23:20 | 04:38 21:13 | 05:54 19:38 | 06:02 17:23 | 06:53 16:49 |
| 10 | 07:02 17:11 | 06:16 18:11 | 05:04 19:17 | 04:21 21:42 | 02:03 23:55 | --- | --- | 02:50 23:15 | 04:40 21:09 | 05:56 19:35 | 06:04 17:21 | 06:54 16:49 |
| 11 | 07:01 17:13 | 06:14 18:13 | 05:01 19:19 | 04:17 21:45 | 01:56 ... | --- | --- | 02:55 23:10 | 04:43 21:06 | 05:58 19:32 | 06:06 17:19 | 06:55 16:49 |
| 12 | 07:01 17:14 | 06:12 18:16 | 04:58 19:22 | 04:14 21:49 | 01:47 00:03 | --- | --- | 03:00 23:05 | 04:46 21:03 | 06:01 19:29 | 06:08 17:18 | 06:56 16:49 |
| 13 | 07:00 17:16 | 06:10 18:18 | 04:55 19:24 | 04:10 21:52 | 01:37 00:13 | --- | --- | 03:04 23:00 | 04:49 20:59 | 06:03 19:26 | 06:10 17:16 | 06:57 16:49 |
| 14 | 06:59 17:18 | 06:07 18:20 | 04:52 19:27 | 04:06 21:55 | 01:24 00:26 | --- | --- | 03:09 22:55 | 04:52 20:56 | 06:05 19:24 | 06:12 17:14 | 06:58 16:49 |
| 15 | 06:58 17:19 | 06:05 18:22 | 04:49 19:29 | 04:02 21:59 | --- | --- | --- | 03:13 22:51 | 04:54 20:52 | 06:07 19:21 | 06:14 17:13 | 06:59 16:49 |
| 16 | 06:57 17:21 | 06:03 18:25 | 04:45 19:32 | 03:59 22:02 | --- | --- | --- | 03:17 22:46 | 04:57 20:49 | 06:10 19:18 | 06:15 17:11 | 07:00 16:49 |
| 17 | 06:56 17:23 | 06:00 18:27 | 04:42 19:34 | 03:55 22:06 | --- | --- | --- | 03:21 22:42 | 05:00 20:46 | 06:12 19:16 | 06:17 17:10 | 07:01 16:49 |
| 18 | 06:55 17:24 | 05:58 18:29 | 04:39 19:37 | 03:51 22:09 | --- | --- | --- | 03:25 22:37 | 05:02 20:42 | 06:14 19:13 | 06:19 17:08 | 07:01 16:49 |
| 19 | 06:54 17:26 | 05:55 18:32 | 04:36 19:39 | 03:47 22:13 | --- | --- | --- | 03:29 22:33 | 05:05 20:39 | 06:16 19:10 | 06:21 17:07 | 07:02 16:50 |
| 20 | 06:53 17:28 | 05:53 18:34 | 04:33 19:42 | 03:42 22:16 | --- | --- | --- | 03:33 22:29 | 05:07 20:36 | 06:18 19:08 | 06:23 17:05 | 07:03 16:50 |
| 21 | 06:51 17:30 | 05:50 18:36 | 04:30 19:45 | 03:38 22:20 | --- | --- | --- | 03:36 22:25 | 05:10 20:32 | 06:21 19:05 | 06:25 17:04 | 07:03 16:51 |
| 22 | 06:50 17:32 | 05:48 18:38 | 04:26 19:47 | 03:34 22:24 | --- | --- | --- | 03:40 22:21 | 05:12 20:29 | 06:23 19:03 | 06:27 17:03 | 07:04 16:51 |
| 23 | 06:49 17:34 | 05:45 18:41 | 04:23 19:50 | 03:30 22:28 | --- | --- | --- | 03:44 22:17 | 05:15 20:26 | 06:25 19:00 | 06:28 17:01 | 07:04 16:52 |
| 24 | 06:47 17:36 | 05:43 18:43 | 04:20 19:53 | 03:26 22:32 | --- | --- | --- | 03:47 22:13 | 05:17 20:23 | 06:27 18:58 | 06:30 17:00 | 07:05 16:52 |
| 25 | 06:46 17:38 | 05:40 18:45 | 04:17 19:56 | 03:22 22:36 | --- | --- | --- | 03:51 22:09 | 05:20 20:20 | 06:30 18:55 | 06:32 16:59 | 07:05 16:53 |
| 26 | 06:44 17:40 | 05:37 18:48 | 04:13 19:58 | 03:17 22:40 | --- | --- | --- | 03:54 22:05 | 05:22 20:17 | 06:32 18:53 | 06:34 16:58 | 07:05 16:54 |
| 27 | 06:43 17:42 | 05:35 18:50 | 04:10 20:01 | 03:13 22:44 | --- | --- | --- | 03:58 22:01 | 05:25 20:13 | 05:34 17:51 | 06:35 16:57 | 07:05 16:55 |
| 28 | 06:41 17:44 | 05:32 18:53 | 04:07 20:04 | 03:08 22:48 | --- | --- | --- | 04:01 21:57 | 05:27 20:10 | 05:36 17:48 | 06:37 16:56 | 07:06 16:55 |
| 29 | 06:39 17:46 | | 04:03 20:06 | 03:04 22:53 | --- | --- | --- | 04:04 21:53 | 05:30 20:07 | 05:38 17:46 | 06:39 16:55 | 07:06 16:56 |
| 30 | 06:38 17:48 | | 04:00 20:09 | 02:59 22:57 | --- | --- | 01:24 00:47 | 04:07 21:49 | 05:32 20:04 | 05:40 17:44 | 06:40 16:54 | 07:06 16:57 |
| 31 | 06:36 17:50 | | 04:57 21:12 | | --- | | 01:41 00:31 | 04:11 21:46 | | 05:43 17:41 | | 07:06 16:58 |

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

... : Fenomenet inträffar först nästa dag.

--- : Fenomenet utgår därför att solen aldrig når så långt under horisonten.

Två tider/uppgifter samma dag betyder att fenomenet inträffar två gånger samma dag. Detta kan hända vid enstaka fall i hela Sverige.