

Örnsköldsvik: Nautisk skymning/gryning år 2019

| | Januari | Februari | Mars | April | Maj | Juni | Juli | Augusti | September | Oktober | November | December |
|----|-------------|-------------|-------------|-------------|-----|------|------|----------------------|-------------|-------------|-------------|-------------|
| 1 | 07:08 16:29 | 06:28 17:30 | 05:12 18:45 | 04:17 21:24 | --- | --- | --- | --- | 03:26 22:00 | 05:11 19:57 | 05:35 17:20 | 06:42 16:25 |
| 2 | 07:08 16:30 | 06:26 17:32 | 05:09 18:48 | 04:13 21:27 | --- | --- | --- | --- | 03:31 21:55 | 05:14 19:53 | 05:38 17:18 | 06:44 16:24 |
| 3 | 07:08 16:31 | 06:24 17:35 | 05:05 18:50 | 04:08 21:31 | --- | --- | --- | --- | 03:35 21:50 | 05:17 19:49 | 05:40 17:15 | 06:46 16:23 |
| 4 | 07:07 16:33 | 06:22 17:37 | 05:02 18:53 | 04:04 21:35 | --- | --- | --- | --- | 03:39 21:46 | 05:20 19:46 | 05:43 17:13 | 06:48 16:22 |
| 5 | 07:07 16:34 | 06:19 17:40 | 04:59 18:56 | 04:00 21:39 | --- | --- | --- | --- | 03:43 21:41 | 05:23 19:42 | 05:45 17:10 | 06:49 16:21 |
| 6 | 07:06 16:36 | 06:17 17:42 | 04:55 18:59 | 03:55 21:43 | --- | --- | --- | --- | 03:47 21:36 | 05:25 19:39 | 05:48 17:08 | 06:51 16:21 |
| 7 | 07:05 16:37 | 06:15 17:45 | 04:52 19:02 | 03:50 21:47 | --- | --- | --- | --- | 03:51 21:32 | 05:28 19:36 | 05:50 17:06 | 06:52 16:20 |
| 8 | 07:05 16:39 | 06:12 17:47 | 04:49 19:05 | 03:46 21:52 | --- | --- | --- | --- | 03:55 21:27 | 05:31 19:32 | 05:53 17:03 | 06:54 16:19 |
| 9 | 07:04 16:41 | 06:10 17:50 | 04:45 19:08 | 03:41 21:56 | --- | --- | --- | --- | 03:59 21:23 | 05:34 19:29 | 05:55 17:01 | 06:55 16:19 |
| 10 | 07:03 16:42 | 06:07 17:53 | 04:42 19:11 | 03:36 22:00 | --- | --- | --- | --- | 04:03 21:19 | 05:37 19:25 | 05:58 16:59 | 06:56 16:19 |
| 11 | 07:02 16:44 | 06:05 17:55 | 04:38 19:14 | 03:31 22:05 | --- | --- | --- | --- | 04:06 21:14 | 05:40 19:22 | 06:00 16:57 | 06:58 16:18 |
| 12 | 07:01 16:46 | 06:02 17:58 | 04:35 19:17 | 03:26 22:09 | --- | --- | --- | --- | 04:10 21:10 | 05:42 19:19 | 06:03 16:55 | 06:59 16:18 |
| 13 | 07:00 16:48 | 05:59 18:01 | 04:31 19:20 | 03:21 22:14 | --- | --- | --- | --- | 04:13 21:06 | 05:45 19:16 | 06:05 16:53 | 07:00 16:18 |
| 14 | 06:59 16:50 | 05:57 18:03 | 04:27 19:23 | 03:16 22:19 | --- | --- | --- | 01:18 00:23 | 04:17 21:02 | 05:48 19:13 | 06:07 16:51 | 07:01 16:18 |
| 15 | 06:58 16:52 | 05:54 18:06 | 04:24 19:26 | 03:11 22:24 | --- | --- | --- | 01:35 00:05 23:53 | 04:20 20:58 | 05:51 19:09 | 06:09 16:49 | 07:02 16:18 |
| 16 | 06:57 16:54 | 05:51 18:09 | 04:20 19:29 | 03:05 22:29 | --- | --- | --- | 01:47 23:42 | 04:24 20:54 | 05:53 19:06 | 06:12 16:47 | 07:03 16:18 |
| 17 | 06:55 16:56 | 05:48 18:11 | 04:16 19:32 | 03:00 22:34 | --- | --- | --- | 01:58 23:33 | 04:27 20:50 | 05:56 19:03 | 06:14 16:45 | 07:04 16:18 |
| 18 | 06:54 16:58 | 05:45 18:14 | 04:13 19:36 | 02:54 22:39 | --- | --- | --- | 02:06 23:24 | 04:30 20:45 | 05:59 19:00 | 06:16 16:43 | 07:05 16:18 |
| 19 | 06:52 17:00 | 05:42 18:17 | 04:09 19:39 | 02:48 22:45 | --- | --- | --- | 02:14 23:17 | 04:34 20:41 | 06:02 18:57 | 06:18 16:41 | 07:05 16:18 |
| 20 | 06:51 17:02 | 05:40 18:19 | 04:05 19:42 | 02:42 22:51 | --- | --- | --- | 02:22 23:09 | 04:37 20:38 | 06:04 18:54 | 06:21 16:40 | 07:06 16:19 |
| 21 | 06:49 17:04 | 05:37 18:22 | 04:02 19:45 | 02:35 22:58 | --- | --- | --- | 02:28 23:02 | 04:40 20:34 | 06:07 18:51 | 06:23 16:38 | 07:07 16:19 |
| 22 | 06:48 17:06 | 05:34 18:25 | 03:58 19:49 | 02:29 23:04 | --- | --- | --- | 02:35 22:56 | 04:43 20:30 | 06:09 18:48 | 06:25 16:36 | 07:07 16:20 |
| 23 | 06:46 17:08 | 05:31 18:28 | 03:54 19:52 | 02:22 23:11 | --- | --- | --- | 02:41 22:49 | 04:47 20:26 | 06:12 18:45 | 06:27 16:35 | 07:08 16:20 |
| 24 | 06:44 17:11 | 05:27 18:30 | 03:50 19:56 | 02:14 23:19 | --- | --- | --- | 02:47 22:43 | 04:50 20:22 | 06:15 18:42 | 06:29 16:33 | 07:08 16:21 |
| 25 | 06:42 17:13 | 05:24 18:33 | 03:46 19:59 | 02:07 23:27 | --- | --- | --- | 02:53 22:37 | 04:53 20:18 | 06:17 18:39 | 06:31 16:32 | 07:08 16:22 |
| 26 | 06:41 17:15 | 05:21 18:36 | 03:42 20:02 | 01:58 23:37 | --- | --- | --- | 02:58 22:31 | 04:56 20:15 | 06:20 18:37 | 06:33 16:30 | 07:08 16:22 |
| 27 | 06:39 17:18 | 05:18 18:39 | 03:38 20:06 | 01:48 23:47 | --- | --- | --- | 03:03 22:26 | 04:59 20:11 | 05:23 17:34 | 06:35 16:29 | 07:09 16:23 |
| 28 | 06:37 17:20 | 05:15 18:42 | 03:34 20:09 | 01:37 ... | --- | --- | --- | 03:08 22:20 | 05:02 20:07 | 05:25 17:31 | 06:37 16:28 | 07:09 16:24 |
| 29 | 06:35 17:22 | | 03:29 20:13 | 01:24 00:00 | --- | --- | --- | 03:13 22:15 | 05:05 20:04 | 05:28 17:28 | 06:39 16:27 | 07:09 16:25 |
| 30 | 06:33 17:25 | | 03:25 20:16 | 01:04 00:20 | --- | --- | --- | 03:17 22:10 | 05:08 20:00 | 05:30 17:26 | 06:41 16:26 | 07:09 16:26 |
| 31 | 06:31 17:27 | | 04:21 21:20 | | --- | | --- | 03:22 22:05 | | 05:33 17:23 | | 07:09 16:27 |

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

... : Fenomenet inträffar först nästa dag.

--- : Fenomenet utgår därför att solen aldrig når så långt under horisonten.

Två tider/uppgifter samma dag betyder att fenomenet inträffar två gånger samma dag. Detta kan hända vid enstaka fall i hela Sverige.