

Strömsund: Månens upp- och nedgångar år 2019

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	03:44 12:34	06:55 12:01	05:48 10:43	06:34 14:18	05:04 16:05	03:33 19:28	02:13 21:36	03:53 22:27	08:21 21:05	10:54 19:29	13:39 17:47	13:26 19:00
2	05:12 12:45	07:49 12:50	06:29 11:43	06:42 15:40	05:08 17:28	03:40 21:02	02:41 22:51	05:39 22:39	10:05 21:10	12:37 19:37	14:32 18:45	13:36 20:28
3	06:38 13:00	08:25 13:54	06:56 12:55	06:48 17:02	05:12 18:54	03:51 22:36	03:32 23:40	07:27 22:46	11:47 21:15	14:15 19:52	15:01 20:03	13:42 21:55
4	07:56 13:24	08:49 15:08	07:12 14:14	06:52 18:25	05:17 20:23	04:11 ...	04:51 ...	09:13 22:52	13:27 21:23	15:42 20:17	15:16 21:27	13:46 23:19
5	09:02 14:02	09:03 16:28	07:23 15:35	06:57 19:49	05:23 21:55	04:48 00:01	06:30 00:06	10:55 22:57	15:04 21:34	16:47 21:02	15:24 22:54	13:48 ...
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.