

Sundsvall: Månens upp- och nedgångar år 2019

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	03:29 12:35	06:29 12:12	05:21 10:55	06:17 14:20	04:54 15:59	03:31 19:12	02:21 21:10	04:01 22:08	08:15 20:59	10:40 19:30	13:08 18:03	13:02 19:09
2	04:55 12:48	07:23 13:01	06:04 11:53	06:28 15:39	05:01 17:20	03:42 20:43	02:53 22:23	05:42 22:24	09:56 21:06	12:18 19:43	14:02 19:01	13:17 20:32
3	06:17 13:07	08:01 14:03	06:33 13:02	06:36 16:58	05:07 18:44	03:57 22:12	03:45 23:14	07:26 22:35	11:35 21:15	13:52 20:02	14:35 20:14	13:26 21:55
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.