

Uppsala: Månens upp- och nedgångar år 2019

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	03:18 12:44	06:03 12:36	04:54 11:20	06:01 14:32	04:48 16:01	03:39 18:59	02:40 20:43	04:22 21:50	08:15 20:58	10:27 19:41	12:37 18:32	12:38 19:30
2	04:39 13:02	06:56 13:25	05:38 12:16	06:16 15:47	04:58 17:18	03:54 20:24	03:17 21:54	05:57 22:11	09:52 21:10	12:01 19:59	13:31 19:29	12:58 20:48
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.