

Vänernborg: Månens upp- och nedgångar år 2019

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	03:36 13:11	06:13 13:10	05:03 11:54	06:15 15:01	05:07 16:25	04:05 19:15	03:12 20:53	04:56 22:03	08:39 21:19	10:45 20:08	12:45 19:08	12:48 20:04
2	04:54 13:31	07:06 14:00	05:48 12:50	06:32 16:14	05:19 17:40	04:22 20:38	03:51 22:03	06:28 22:27	10:13 21:33	12:15 20:29	13:39 20:05	13:11 21:19
3	06:09 13:57	07:47 14:58	06:22 13:54	06:46 17:27	05:31 18:57	04:44 22:00	04:47 22:57	08:03 22:45	11:44 21:49	13:39 20:56	14:17 21:12	13:27 22:34
4	07:18 14:30	08:18 16:04	06:48 15:03	06:59 18:42	05:44 20:16	05:16 23:14	06:00 23:36	09:37 23:00	13:13 22:07	14:54 21:33	14:44 22:24	13:40 23:49
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.