

Vemdalen: Månens upp- och nedgångar år 2019

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	03:44 12:48	06:44 12:26	05:36 11:09	06:31 14:34	05:08 16:14	03:45 19:27	02:34 21:25	04:15 22:23	08:29 21:12	10:55 19:43	13:24 18:16	13:17 19:23
2	05:10 13:02	07:38 13:15	06:19 12:07	06:42 15:53	05:14 17:35	03:55 20:58	03:06 22:38	05:57 22:38	10:11 21:20	12:33 19:56	14:17 19:14	13:31 20:47
3	06:32 13:20	08:16 14:17	06:48 13:16	06:50 17:13	05:20 18:58	04:10 22:27	03:59 23:29	07:41 22:49	11:50 21:28	14:07 20:15	14:50 20:28	13:40 22:10
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.