

Arvika: Månens upp- och nedgångar år 2022

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	08:12 13:18	09:24 16:14	07:42 15:21	07:10 20:08	05:30 22:09	04:32 00:04	05:28 00:12	08:59 22:55	12:41 21:15	15:30 19:58	15:31 22:09	13:54 ...
2	09:42 14:07	09:34 17:58	07:49 17:01	07:13 21:35	05:36 23:38	05:16 01:05	06:54 00:26	10:24 22:57	14:20 21:21	16:56 20:40	15:37 23:53	13:55 00:50
3	10:37 15:30	09:40 19:36	07:54 18:36	07:16 23:03	05:45 ...	06:21 01:45	08:20 00:34	11:51 22:59	16:03 21:32	17:46 22:00	15:40 ...	13:57 02:21
4	11:05 17:13	09:44 21:08	07:57 20:06	07:20 ...	06:02 01:02	07:42 02:06	09:46 00:39	13:21 23:02	17:43 21:58	18:09 23:43	15:42 01:31	13:58 03:51
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.