

Borås: Månens upp- och nedgångar år 2026

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	12:32 07:31	15:43 08:30	14:52 06:48	19:27 06:16	21:24 04:38	... 03:51	23:28 04:58	22:00 08:25	20:29 12:04	19:36 14:38	22:01 14:23	... 12:53
2	13:27 08:56	17:24 08:39	16:28 06:54	20:52 06:18	22:49 04:45	00:09 04:40	23:37 06:23	22:04 09:50	20:40 13:42	20:33 15:54	23:38 14:33	00:25 12:57
3	14:56 09:46	18:58 08:44	17:58 06:59	22:17 06:22	... 04:56	00:46 05:49	23:42 07:49	22:07 11:16	20:59 15:22	21:57 16:39	... 14:39	01:51 13:01
4	16:40 10:11	20:27 08:48	19:25 07:02	23:44 06:27	00:12 05:16	01:07 07:10	23:46 09:14	22:12 12:45	21:36 16:53	23:36 17:03	01:09 14:43	03:16 13:06
5	18:24 10:24	21:53 08:51	20:50 07:04	... 06:35	01:23 05:50	01:20 08:36	23:50 10:38	22:19 14:20	22:41 17:59	... 17:16	02:37 14:47	04:41 13:12
6	20:00 10:31	23:17 08:54	22:15 07:07	01:09 06:48	02:14 06:46	01:27 10:02	23:53 12:02	22:32 16:00	... 18:37	01:16 17:24	04:03 14:51	06:07 13:21
7	21:30 10:35	... 08:57	23:41 07:11	02:29 07:12	02:44 08:01	01:32 11:27	23:57 13:29	22:56 17:39	00:14 18:57	02:53 17:29	05:29 14:56	07:33 13:36
8	22:55 10:39	00:40 09:01	... 07:17	03:34 07:53	03:02 09:24	01:36 12:52	... 15:02	23:43 19:06	01:57 19:07	04:25 17:33	06:56 15:03	08:53 14:00
9	... 10:41	02:05 09:08	01:07 07:26	04:17 08:57	03:12 10:52	01:40 14:19	00:03 16:40	... 20:03	03:39 19:14	05:54 17:37	08:23 15:13	09:59 14:40
10	00:17 10:44	03:31 09:20	02:32 07:42	04:43 10:17	03:19 12:19	01:44 15:50	00:12 18:24	01:02 20:34	05:16 19:19	07:21 17:41	09:49 15:30	10:46 15:40
11	01:39 10:48	04:52 09:40	03:47 08:12	04:57 11:44	03:24 13:46	01:49 17:28	00:29 20:04	02:43 20:50	06:49 19:23	08:49 17:46	11:06 15:59	11:14 16:55
12	03:02 10:53	06:02 10:18	04:44 09:02	05:05 13:14	03:27 15:14	01:56 19:13	01:01 21:22	04:29 20:59	08:19 19:26	10:18 17:54	12:07 16:45	11:31 18:17
13	04:26 11:02	06:50 11:19	05:20 10:15	05:11 14:44	03:31 16:46	02:08 21:00	02:03 22:08	06:12 21:04	09:47 19:30	11:46 18:05	12:47 17:51	11:41 19:40
14	05:50 11:16	07:18 12:39	05:39 11:41	05:15 16:14	03:35 18:23	02:31 22:35	03:37 22:31	07:48 21:09	11:16 19:36	13:10 18:25	13:11 19:09	11:48 21:02
15	07:08 11:42	07:33 14:09	05:51 13:12	05:18 17:46	03:41 20:08	03:17 23:38	05:24 22:43	09:20 21:12	12:44 19:44	14:23 18:59	13:24 20:32	11:52 22:22
16	08:10 12:29	07:42 15:42	05:57 14:44	05:22 19:22	03:50 21:57	04:37 ...	07:10 22:50	10:48 21:16	14:11 19:59	15:16 19:53	13:33 21:55	11:56 23:44
17	08:50 13:39	07:47 17:13	06:02 16:15	05:27 21:04	04:07 23:41	06:19 00:10	08:48 22:55	12:16 21:20	15:32 20:22	15:48 21:05	13:39 23:19	12:00 ...
18	09:12 15:04	07:51 18:44	06:05 17:47	05:33 22:51	04:39 ...	08:05 00:27	10:21 22:59	13:43 21:27	16:37 21:04	16:08 22:27	13:44 ...	12:05 01:07
19	09:24 16:34	07:55 20:15	06:08 19:21	05:45 ...	05:41 01:01	09:45 00:36	11:49 23:02	15:10 21:37	17:22 22:06	16:19 23:52	13:48 00:41	12:10 02:36
20	09:32 18:05	07:58 21:47	06:12 20:58	06:07 00:39	07:12 01:46	11:18 00:42	13:14 23:06	16:34 21:54	17:48 23:24	16:26 ...	13:52 02:06	12:19 04:10
21	09:37 19:34	08:01 23:24	06:17 22:40	06:49 02:12	08:54 02:09	12:45 00:46	14:39 23:11	17:49 22:24	18:03 ...	16:31 01:17	13:57 03:34	12:33 05:52
22	09:40 21:03	08:07 ...	06:25 ...	08:01 03:15	10:34 02:21	14:09 00:50	16:05 23:19	18:47 23:13	18:12 00:49	16:36 02:42	14:04 05:09	13:01 07:34
23	09:43 22:32	08:15 01:04	06:39 00:26	09:36 03:48	12:08 02:29	15:32 00:53	17:30 23:31	19:23 ...	18:18 02:16	16:39 04:08	14:15 06:50	13:53 09:01
24	09:47 ...	08:31 02:47	07:05 02:07	11:16 04:05	13:36 02:33	16:56 00:57	18:51 23:52	19:43 00:23	18:22 03:43	16:44 05:37	14:35 08:35	15:17 09:59
25	09:51 00:03	09:03 04:23	07:55 03:29	12:52 04:14	15:00 02:37	18:21 01:03	20:00 ...	19:56 01:46	18:26 05:10	15:49 06:10	15:13 10:13	17:02 10:29
26	09:57 01:40	10:03 05:35	09:15 04:18	14:22 04:20	16:23 02:40	19:45 01:11	20:49 00:28	20:03 03:13	18:30 06:37	15:58 07:48	16:22 11:25	18:49 10:45
27	10:08 03:21	11:31 06:16	10:52 04:44	15:49 04:23	17:45 02:43	21:03 01:26	21:19 01:26	20:08 04:41	18:34 08:07	16:12 09:32	17:57 12:06	20:31 10:55
28	10:28 05:05	13:12 06:37	12:31 04:57	17:12 04:26	19:09 02:48	22:06 01:51	21:36 02:42	20:12 06:07	18:40 09:41	16:37 11:14	19:40 12:28	22:06 11:01
29	11:09 06:36		15:06 06:05	18:35 04:29	20:34 02:54	22:48 02:34	21:46 04:07	20:15 07:33	18:49 11:20	17:26 12:40	21:21 12:40	23:36 11:06
30	12:21 07:39		16:37 06:09	19:59 04:33	21:57 03:04	23:13 03:38	21:53 05:34	20:18 09:00	19:06 13:02	18:44 13:36	22:56 12:48	... 11:10
31	13:59 08:13		18:03 06:13		23:12 03:21		21:57 07:00	20:23 10:30		20:21 14:07		01:02 11:15

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.