

Helsingborg: Månens upp- och nedgångar år 2022

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	07:34 13:56	08:57 16:39	07:20 15:40	07:11 20:04	05:45 21:48	05:15 ...	06:04 23:58	09:07 22:50	12:25 21:31	14:46 20:41	15:03 22:35	13:47 ...
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.