

Helsingborg: Månens upp- och nedgångar år 2023

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December		
1	12:25 02:54	11:47 06:03	10:25 05:00	13:50 06:08	15:27 04:43	18:31 03:16	20:40 01:59	21:58 03:37	20:46 07:48	19:16 09:59	17:46 12:28	18:52 12:33		
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.