

# Helsingborg: Nautisk skymning/gryning år 2026

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	07:05 17:21	06:38 18:08	05:41 19:04	05:15 21:12	03:39 22:35	---	---	03:11 23:17	04:44 21:32	05:51 20:05	05:52 17:52	06:43 17:13
2	07:05 17:22	06:36 18:10	05:38 19:06	05:12 21:15	03:36 22:39	---	---	03:14 23:13	04:46 21:29	05:53 20:02	05:54 17:50	06:44 17:13
3	07:05 17:23	06:35 18:12	05:36 19:08	05:09 21:17	03:32 22:42	---	---	03:18 23:10	04:49 21:26	05:55 20:00	05:56 17:49	06:45 17:12
4	07:04 17:24	06:33 18:14	05:33 19:10	05:06 21:19	03:29 22:45	---	---	03:21 23:06	04:51 21:23	05:58 19:57	05:58 17:47	06:47 17:12
5	07:04 17:25	06:31 18:16	05:31 19:12	05:03 21:22	03:25 22:49	---	---	03:25 23:02	04:54 21:20	06:00 19:54	06:00 17:45	06:48 17:11
6	07:04 17:26	06:30 18:17	05:28 19:14	05:00 21:24	03:22 22:52	---	---	03:28 22:59	04:56 21:17	06:02 19:52	06:02 17:43	06:49 17:11
7	07:03 17:28	06:28 18:19	05:25 19:16	04:57 21:27	03:18 22:56	---	---	03:32 22:55	04:59 21:14	06:04 19:49	06:03 17:41	06:50 17:11
8	07:03 17:29	06:26 18:21	05:23 19:18	04:54 21:29	03:15 22:59	---	---	03:35 22:52	05:01 21:11	06:06 19:46	06:05 17:40	06:51 17:10
9	07:03 17:30	06:24 18:23	05:20 19:20	04:51 21:32	03:11 23:03	---	---	03:38 22:48	05:03 21:08	06:08 19:44	06:07 17:38	06:52 17:10
10	07:02 17:32	06:22 18:25	05:18 19:22	04:48 21:35	03:08 23:06	---	---	03:42 22:45	05:06 21:05	06:10 19:41	06:09 17:36	06:54 17:10
11	07:02 17:33	06:20 18:27	05:15 19:24	04:45 21:37	03:04 23:10	---	---	03:45 22:41	05:08 21:02	06:12 19:39	06:11 17:35	06:55 17:10
12	07:01 17:34	06:18 18:29	05:12 19:27	04:42 21:40	03:00 23:14	---	---	03:48 22:38	05:10 20:59	06:14 19:36	06:12 17:33	06:56 17:10
13	07:00 17:36	06:16 18:31	05:10 19:29	04:39 21:43	02:57 23:18	---	01:33 00:57	03:51 22:34	05:12 20:56	06:15 19:34	06:14 17:32	06:56 17:10
14	06:59 17:37	06:14 18:33	05:07 19:31	04:35 21:45	02:53 23:22	---	01:44 00:46	03:54 22:31	05:15 20:53	06:17 19:31	06:16 17:30	06:57 17:10
15	06:59 17:39	06:12 18:35	05:04 19:33	04:32 21:48	02:49 23:26	---	01:52 00:38	03:57 22:28	05:17 20:50	06:19 19:29	06:17 17:29	06:58 17:10
16	06:58 17:40	06:10 18:37	05:02 19:35	04:29 21:51	02:45 23:30	---	01:59 00:32	04:00 22:24	05:19 20:47	06:21 19:27	06:19 17:28	06:59 17:10
17	06:57 17:42	06:08 18:39	04:59 19:38	04:26 21:54	02:41 23:34	---	02:05 00:26	04:03 22:21	05:21 20:44	06:23 19:24	06:21 17:26	07:00 17:11
18	06:56 17:44	06:06 18:41	04:56 19:40	04:23 21:56	02:37 23:38	---	02:11 00:20	04:06 22:18	05:24 20:41	06:25 19:22	06:23 17:25	07:00 17:11
19	06:55 17:45	06:04 18:43	04:53 19:42	04:19 21:59	02:33 23:42	---	02:16 00:15	04:09 22:14	05:26 20:38	06:27 19:20	06:24 17:24	07:01 17:11
20	06:54 17:47	06:02 18:45	04:50 19:44	04:16 22:02	02:28 23:47	---	02:21 00:10	04:12 22:11	05:28 20:35	06:29 19:17	06:26 17:23	07:02 17:12
21	06:53 17:49	05:59 18:47	04:48 19:47	04:13 22:05	02:24 23:51	---	02:26 00:05	04:14 22:08	05:30 20:33	06:31 19:15	06:28 17:22	07:02 17:12
22	06:52 17:50	05:57 18:49	04:45 19:49	04:10 22:08	02:20 23:56	---	02:31 00:01 23:57	04:17 22:05	05:32 20:30	06:33 19:13	06:29 17:21	07:03 17:13
23	06:51 17:52	05:55 18:51	04:42 19:51	04:06 22:11	02:15 ...	---	02:35 23:52	04:20 22:01	05:34 20:27	06:35 19:11	06:31 17:20	07:03 17:13
24	06:49 17:54	05:53 18:53	04:39 19:53	04:03 22:14	02:11 00:01	---	02:40 23:48	04:23 21:58	05:37 20:24	06:37 19:09	06:32 17:19	07:04 17:14
25	06:48 17:56	05:50 18:55	04:36 19:56	04:00 22:17	02:06 00:06	---	02:44 23:44	04:25 21:55	05:39 20:21	06:39 18:06	06:34 17:18	07:04 17:14
26	06:47 17:57	05:48 18:57	04:33 19:58	03:57 22:20	02:01 00:11	---	02:48 23:40	04:28 21:52	05:41 20:18	06:41 18:04	06:35 17:17	07:04 17:15
27	06:45 17:59	05:45 19:00	04:30 20:00	03:53 22:23	01:55 00:17	---	02:52 23:36	04:31 21:48	05:43 20:16	06:43 18:02	06:37 17:16	07:04 17:16
28	06:44 18:01	05:43 19:02	04:27 20:03	03:50 22:26	01:49 00:23	---	02:56 23:32	04:33 21:45	05:45 20:13	06:45 18:00	06:38 17:15	07:05 17:17
29	06:43 18:03		05:24 21:05	03:46 22:29	01:42 00:30	---	03:00 23:29	04:36 21:42	05:47 20:10	06:47 17:58	06:40 17:14	07:05 17:18
30	06:41 18:04		05:21 21:07	03:43 22:32	01:33 00:39	---	03:04 23:25	04:39 21:39	05:49 20:08	06:48 17:56	06:41 17:14	07:05 17:19
31	06:40 18:06		05:18 21:10		01:21 00:51		03:07 23:21	04:41 21:36		06:50 17:54		07:05 17:19

Framtagen av André Franke, meteorolog och amatörastronom, [www.astroinfo.se](http://www.astroinfo.se)

... : Fenomenet inträffar först nästa dag.

--- : Fenomenet utgår därför att solen aldrig når så långt under horisonten.

Två tider/uppgifter samma dag betyder att fenomenet inträffar två gånger samma dag. Detta kan hända vid enstaka fall i hela Sverige.