

Ljusdal: Månens upp- och nedgångar år 2022

| | Januari | Februari | Mars | April | Maj | Juni | Juli | Augusti | September | Oktober | November | December |
|----|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 1 | 08:29 12:31 | 09:30 15:40 | 07:44 14:50 | 06:56 19:56 | 05:05 22:10 | 03:37 00:29 | 04:43 00:28 | 08:38 22:44 | 12:37 20:48 | 15:56 19:02 | 15:38 21:34 | 13:45 ... |
| 2 | 10:09 13:10 | 09:33 17:31 | 07:45 16:37 | 06:54 21:28 | 05:05 23:46 | 04:15 01:37 | 06:17 00:34 | 10:08 22:42 | 14:23 20:47 | 17:39 19:27 | 15:37 23:26 | 13:42 00:32 |
| 3 | 10:59 14:39 | 09:34 19:14 | 07:45 18:17 | 06:53 23:01 | 05:07 ... | 05:28 02:09 | 07:51 00:35 | 11:39 22:40 | 16:17 20:49 | 18:18 20:59 | 15:34 ... | 13:39 02:07 |
| 4 | 11:16 16:33 | 09:34 20:51 | 07:44 19:52 | 06:53 ... | 05:13 01:21 | 06:59 02:20 | 09:22 00:35 | 13:13 22:39 | 18:12 20:59 | 18:24 23:00 | 15:32 01:10 | 13:37 03:41 |
| 5 | 11:21 18:27 | 09:33 22:23 | 07:43 21:24 | 06:54 00:35 | 05:33 02:45 | 08:34 02:24 | 10:52 00:34 | 14:54 22:38 | 19:38 21:44 | 18:24 ... | 15:29 02:49 | 13:35 05:17 |
| 6 | 11:23 20:12 | 09:33 23:52 | 07:42 22:56 | 06:57 02:10 | 06:24 03:40 | 10:08 02:24 | 12:22 00:33 | 16:44 22:38 | 20:05 23:32 | 18:23 00:58 | 15:26 04:25 | 13:33 06:54 |
| 7 | 11:24 21:49 | 09:32 ... | 07:42 ... | 07:08 03:42 | 07:47 04:03 | 11:40 02:24 | 13:56 00:31 | 18:41 22:43 | 20:10 ... | 18:20 02:49 | 15:24 06:01 | 13:34 08:35 |
| 8 | 11:23 23:20 | 09:33 01:21 | 07:43 00:28 | 07:39 04:57 | 09:21 04:10 | 13:12 02:22 | 15:34 00:29 | 20:33 23:04 | 20:10 01:34 | 18:18 04:34 | 15:22 07:39 | 13:38 10:16 |
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| 12 | 11:23 03:42 | 10:18 07:09 | 08:55 06:00 | 13:27 06:00 | 15:41 04:10 | 20:04 02:17 | 22:58 00:40 | 21:58 04:20 | 20:03 08:47 | 18:09 11:09 | 15:59 14:00 | 18:04 12:50 |
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| 22 | 21:18 10:23 | ... 08:32 | ... 06:43 | 04:43 07:18 | 03:25 10:25 | 01:33 14:34 | 23:40 16:51 | 22:48 20:19 | 00:49 19:13 | 03:03 17:20 | 05:54 14:23 | 08:59 12:34 |
| 23 | 22:51 10:22 | 01:37 08:33 | 01:09 06:45 | 05:05 09:04 | 03:25 12:09 | 01:31 16:04 | 23:42 18:26 | ... 20:47 | 02:25 19:11 | 04:36 17:18 | 07:45 14:21 | 10:59 12:52 |
| 24 | ... 10:22 | 03:28 08:38 | 03:04 06:54 | 05:11 10:58 | 03:24 13:46 | 01:30 17:35 | 23:49 20:00 | 00:05 20:57 | 04:00 19:09 | 06:10 17:15 | 09:47 14:21 | 11:52 14:20 |
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| 30 | 08:52 11:58 | | 06:58 16:47 | 05:06 20:36 | 03:18 23:00 | 03:15 00:12 | 05:35 22:47 | 09:24 20:52 | 13:57 18:58 | 15:28 17:36 | 13:47 22:52 | 11:52 ... |
| 31 | 09:20 13:44 | | 06:57 18:23 | | 03:23 ... | | 07:08 22:46 | 10:58 20:50 | | 15:37 19:34 | | 11:49 01:26 |

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.