

Örebro: Månens upp- och nedgångar år 2023

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December			
1	12:03 02:54	10:57 06:32	09:30 05:33	13:18 06:20	15:11 04:41	18:35 02:56	21:08 01:20	22:12 02:51	20:36 07:34	18:52 10:01	16:50 13:04	18:08 12:57			
2	12:07 04:23	11:39 07:37	10:28 06:22	14:45 06:25	16:35 04:41	20:16 02:59	22:39 01:38	22:19 04:48	20:37 09:17	18:56 11:45	17:44 14:06	19:39 13:06			
3	12:15 05:54	12:44 08:18	11:46 06:48	16:10 06:27	18:01 04:42	22:02 03:04	23:33 02:21	22:22 06:42	20:39 10:58	19:04 13:29	19:04 14:37	21:08 13:10			
4	12:30 07:21	14:04 08:40	13:12 07:02	17:34 06:29	19:31 04:43	23:44 03:15	23:55 03:46	22:24 08:30	20:42 12:38	19:21 15:06	20:34 14:51	22:32 13:12			
5	12:58 08:40	15:31 08:51	14:39 07:09	18:59 06:29	21:08 04:45	...	03:43	...	05:37	22:26 10:12	20:48 14:19	19:58 16:24	22:04 14:58	23:53 13:13	
6	13:47 09:38	16:57 08:58	16:05 07:13	20:26 06:30	22:51 04:49	00:58 04:44	00:05 07:31	22:27 11:51	20:59 15:58	21:04 17:10	23:30 15:01	...	13:13		
7	14:57 10:13	18:21 09:01	17:29 07:15	21:57 06:32	...	04:56	01:34 06:21	00:10 09:19	22:30 13:27	21:22 17:26	22:28 17:32	...	15:02	01:14 13:14	
8	16:20 10:32	19:44 09:04	18:53 07:16	23:35 06:34	00:36 05:12	01:50 08:12	00:13 11:01	22:34 15:04	22:09 18:31	23:58 17:42	00:53 15:03	02:36 13:14			
9	17:46 10:42	21:06 09:05	20:17 07:17	...	06:38	02:07 05:49	01:57 10:00	00:15 12:37	22:41 16:41	23:22 19:06	...	17:47	02:14 15:03	04:02 13:15	
10	19:11 10:48	22:30 09:06	21:44 07:19	01:17 06:48	03:05 07:03	02:01 11:42	00:16 14:11	22:56 18:14	...	19:23	01:25 17:49	03:36 15:03	05:34 13:18		
11	20:34 10:51	23:57 09:08	23:16 07:20	02:57 07:08	03:30 08:45	02:03 13:19	00:18 15:45	23:26 19:35	00:48 19:31	02:50 17:50	05:01 15:03	07:13 13:23			
12	21:56 10:53	...	09:10	...	07:23	04:18 07:55	03:42 10:33	02:04 14:53	00:21 17:20	...	20:29	02:17 19:35	04:13 17:50	06:30 15:05	08:56 13:36
13	23:19 10:55	01:30 09:14	00:53 07:29	05:03 09:19	03:47 12:18	02:06 16:26	00:25 18:56	00:21 20:58	03:44 19:36	05:35 17:50	08:05 15:08	10:31 14:07			
14	...	10:56	03:10 09:22	02:34 07:41	05:22 11:05	03:50 13:58	02:08 18:00	00:35 20:25	01:39 21:12	05:08 19:37	06:57 17:51	09:46 15:15	11:33 15:16		
15	00:45 10:58	04:52 09:39	04:10 08:08	05:31 12:53	03:52 15:34	02:11 19:36	00:53 21:39	03:06 21:19	06:29 19:38	08:23 17:51	11:27 15:33	12:01 16:58			
16	02:15 11:02	06:23 10:17	05:20 09:07	05:35 14:38	03:53 17:09	02:17 21:11	01:30 22:26	04:34 21:22	07:51 19:38	09:53 17:53	12:50 16:15	12:13 18:49			
17	03:53 11:07	07:23 11:34	05:56 10:42	05:38 16:19	03:54 18:43	02:28 22:38	02:33 22:50	05:59 21:24	09:13 19:38	11:29 17:57	13:36 17:36	12:18 20:36			
18	05:38 11:19	07:51 13:21	06:12 12:32	05:40 17:57	03:57 20:20	02:52 23:46	03:55 23:02	07:22 21:25	10:39 19:39	13:09 18:07	13:56 19:21	12:20 22:19			
19	07:22 11:44	08:04 15:15	06:20 14:23	05:41 19:34	04:01 21:58	03:36	...	05:22 23:09	08:43 21:26	12:10 19:42	14:45 18:29	14:04 21:09	12:22 23:57		
20	08:44 12:41	08:10 17:07	06:24 16:10	05:43 21:11	04:08 23:34	04:47 00:25	06:49 23:12	10:03 21:26	13:46 19:47	15:57 19:22	14:08 22:54	12:23	...		
21	09:28 14:18	08:14 18:52	06:27 17:52	05:46 22:50	04:23	...	06:11 00:44	08:13 23:14	11:26 21:27	15:26 19:59	16:33 20:52	14:10	...	12:24 01:32	
22	09:47 16:12	08:16 20:32	06:28 19:31	05:51	...	04:53 00:56	07:39 00:54	09:35 23:14	12:53 21:28	16:58 20:29	16:48 22:40	14:11 00:34	12:25 03:09		
23	09:57 18:05	08:18 22:08	06:30 21:09	06:01 00:28	05:47 01:53	09:05 00:59	10:55 23:15	14:26 21:32	17:59 21:36	16:54	...	14:12 02:12	12:29 04:48		
24	10:02 19:51	08:20 23:44	06:32 22:47	06:20 02:00	07:05 02:23	10:28 01:02	12:17 23:16	16:05 21:40	18:26 23:17	16:57 00:29	14:13 03:50	12:36 06:29			
25	10:05 21:30	08:23	...	06:36	...	06:59 03:13	08:31 02:38	11:50 01:03	13:41 23:17	17:45 21:58	18:38	...	16:59 02:15	14:15 05:29	12:50 08:08
26	10:07 23:05	08:29 01:18	07:43 01:24	08:04 03:57	09:59 02:45	13:12 01:04	15:11 23:20	19:10 22:41	18:43 01:10	17:00 03:58	14:20 07:12	13:21 09:34			
27	10:09	...	08:38 02:52	07:57 02:59	09:27 04:19	11:24 02:49	14:36 01:05	16:49 23:25	19:58	...	18:46 03:02	17:01 05:39	14:29 08:56	14:21 10:31	
28	10:12 00:37	08:56 04:20	08:23 04:22	10:54 04:30	12:48 02:51	16:04 01:06	18:31 23:37	20:19 00:06	18:47 04:50	17:02 07:20	14:48 10:34	15:44 11:00			
29	10:16 02:08		09:13 05:22	12:21 04:36	14:10 02:53	17:39 01:08	20:11	...	20:28 01:58	18:48 06:35	16:05 08:04	15:29 11:52	17:15 11:13		
30	10:22 03:39		10:25 05:55	13:47 04:39	15:34 02:54	19:22 01:12	21:23 00:05	20:33 03:54	18:50 08:18	16:11 09:49	16:40 12:36	18:45 11:19			
31	10:34 05:09		11:50 06:12		17:02 02:54		21:58 01:08	20:35 05:47		16:23 11:33		20:11 11:22			

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.