

Örnsköldsvik: Månens upp- och nedgångar år 2022

| | Januari | Februari | Mars | April | Maj | Juni | Juli | Augusti | September | Oktober | November | December | |
|----|-------------|-------------|-------------|-------------|-------------|-------------|----------------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 1 | 08:50 11:48 | 09:36 15:13 | 07:46 14:27 | 06:45 19:47 | 04:46 22:12 | 02:37 01:07 | 04:04 00:47 | 08:23 22:36 | 12:34 20:28 | 16:35 18:01 | 15:45 21:05 | 13:38 ... | |
| 2 | 10:53 12:04 | 09:33 17:10 | 07:43 16:19 | 06:40 21:22 | 04:41 23:54 | över | 05:48 00:42 | 09:55 22:31 | 14:26 20:22 | under | 15:37 23:05 | 13:32 00:18 | |
| 3 | 11:26 13:51 | 09:30 18:58 | 07:39 18:03 | 06:36 22:59 | 04:36 ... | 04:34 02:42 | 07:28 00:37 | 11:29 22:27 | 16:31 20:12 | under | 15:30 ... | 13:27 01:57 | |
| 4 | 11:26 16:02 | 09:26 20:38 | 07:35 19:41 | 06:32 ... | 04:30 01:42 | 06:23 02:35 | 09:04 00:33 | 13:07 22:22 | under | 18:40 22:22 | 15:24 00:54 | 13:21 03:35 | |
| 5 | 11:24 18:03 | 09:23 22:13 | 07:31 21:16 | 06:27 00:39 | 04:12 03:44 | 08:07 02:29 | 10:37 00:28 | 14:53 22:17 | under | 18:28 ... | 15:18 02:36 | 13:15 05:14 | |
| 6 | 11:21 19:53 | 09:19 23:46 | 07:27 22:52 | 06:23 02:23 | över | 09:47 02:25 | 12:11 00:24 | 16:49 22:10 | 20:36 22:39 | 18:21 00:32 | 15:13 04:16 | 13:09 06:57 | |
| 7 | 11:18 21:34 | 09:16 ... | 07:24 ... | 06:17 04:11 | 07:01 04:27 | 11:23 02:20 | 13:47 00:19 | 19:00 22:01 | 20:20 ... | 18:15 02:30 | 15:07 05:55 | 13:01 08:46 | |
| 8 | 11:14 23:08 | 09:13 01:19 | 07:20 00:28 | över | 08:49 04:21 | 12:58 02:16 | 15:30 00:15 | under | 20:12 01:03 | 18:09 04:19 | 15:01 07:37 | 12:46 10:46 | |
| 9 | 11:11 ... | 09:10 02:54 | 07:16 02:07 | 07:44 06:16 | 10:32 04:16 | 14:35 02:11 | 17:22 00:10 | under | 20:06 03:10 | 18:04 06:03 | 14:54 09:24 | över | |
| 10 | 11:08 00:39 | 09:08 04:32 | 07:14 03:50 | 09:35 06:10 | 12:12 04:11 | 16:16 02:07 | 19:27 00:05 23:59 | 22:11 ... | 20:00 05:06 | 17:58 07:44 | 14:44 11:18 | över | |
| 11 | 11:05 02:09 | 09:09 06:12 | 07:14 05:33 | 11:21 06:05 | 13:50 04:07 | 18:06 02:02 | 21:50 23:47 | 22:03 01:37 | 19:55 06:54 | 17:52 09:25 | 14:08 13:40 | 15:40 13:13 | |
| 12 | 11:02 03:41 | 09:20 07:46 | 07:46 06:47 | 13:05 06:01 | 15:29 04:02 | 20:08 01:57 | under | 21:57 03:54 | 19:50 08:37 | 17:46 11:10 | över | 17:32 13:01 | |
| 13 | 11:00 05:15 | 10:21 08:31 | 09:25 06:54 | 14:46 05:56 | 17:10 03:58 | 22:24 01:52 | under | 21:52 05:57 | 19:44 10:19 | 17:38 12:59 | över | 19:15 12:53 | |
| 14 | 11:00 06:54 | 12:02 08:37 | 11:12 06:52 | 16:26 05:52 | 18:58 03:53 | ... 01:43 | 00:06 23:55 | 02:12 | 21:46 07:49 | 19:39 12:00 | 17:25 14:57 | 18:10 14:57 | 20:51 12:46 |
| 15 | 11:04 08:32 | 13:47 08:36 | 12:58 06:49 | 18:07 05:48 | 20:56 03:48 | under | 23:49 04:38 | 21:42 09:33 | 19:32 13:45 | över | 19:59 14:47 | 22:24 12:41 | |
| 16 | 11:30 09:51 | 15:30 08:34 | 14:40 06:45 | 19:52 05:43 | 23:05 03:43 | under | 23:44 06:46 | 21:37 11:13 | 19:25 15:34 | över | 21:40 14:39 | 23:56 12:35 | |
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| 18 | 14:29 10:24 | 18:48 08:28 | 18:00 06:37 | 23:44 05:34 | 01:31 03:23 | 01:41 07:28 | 23:34 10:25 | 21:27 14:31 | över | 21:45 17:39 | ... 14:27 | 01:29 12:24 | |
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| 21 | 19:29 10:19 | 23:48 08:17 | 23:17 06:25 | under | 03:34 08:00 | 01:26 12:50 | 23:21 15:15 | 20:58 20:02 | ... 19:21 | 01:10 17:18 | 04:04 14:11 | 07:00 12:03 | |
| 22 | 21:05 10:16 | ... 08:13 | ... 06:21 | under | 03:28 10:02 | 01:22 14:25 | 23:16 16:53 | över | 00:19 19:14 | 02:47 17:13 | 05:51 14:04 | 09:25 11:46 | |
| 23 | 22:41 10:12 | 01:38 08:09 | 01:17 06:16 | 05:27 08:21 | 03:22 11:51 | 01:17 15:58 | 23:11 18:35 | 23:11 21:21 | 02:03 19:09 | 04:23 17:07 | 07:48 13:56 | under | |
| 24 | ... 10:09 | 03:38 08:06 | 03:26 06:09 | 05:19 10:29 | 03:18 13:32 | 01:13 17:33 | 23:05 20:22 | ... 21:11 | 03:41 19:03 | 06:01 17:02 | 10:01 13:45 | under | |
| 25 | 00:20 10:06 | 05:46 08:02 | under | 05:13 12:24 | 03:13 15:07 | 01:08 19:11 | 22:46 22:26 | 01:04 21:04 | 05:18 18:58 | 07:44 16:56 | under | 12:17 15:51 | |
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| 30 | 09:33 10:56 | | 06:53 16:31 | 04:50 20:33 | 02:50 23:16 | 02:12 00:54 | 05:11 22:45 | 09:14 20:39 | 14:08 18:25 | under | 13:44 22:35 | 11:40 ... | |
| 31 | 09:38 13:05 | | 06:49 18:11 | | 02:45 ... | | 06:49 22:41 | 10:52 20:34 | | 16:00 18:51 | | 11:34 01:18 | |

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.