

Sälen: Månens upp- och nedgångar år 2023

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	12:02 03:10	10:30 07:14	08:57 06:23	13:11 06:45	15:15 04:54	18:54 02:57	21:51 01:06	22:39 02:29	20:44 07:40	18:50 10:18	16:11 13:59	17:50 13:31
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.