

Söderhamn: Månens upp- och nedgångar år 2024

| | Januari | Februari | Mars | April | Maj | Juni | Juli | Augusti | September | Oktober | November | December |
|----|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 1 | 21:21 11:22 | ... 09:21 | ... 07:26 | 05:59 06:23 | 04:25 09:47 | 02:23 14:40 | 00:25 17:40 | 23:49 21:57 | 02:46 20:10 | 05:01 18:12 | 07:29 15:11 | 10:12 13:15 |
| 2 | 22:45 11:19 | 00:43 09:18 | 01:36 07:22 | 06:20 08:06 | 04:21 11:43 | 02:20 16:24 | 00:23 19:36 | ... 22:03 | 04:21 20:06 | 06:25 18:08 | 09:05 15:07 | 12:04 13:17 |
| 3 | ... 11:16 | 02:18 09:14 | 03:25 07:19 | 06:16 10:13 | 04:18 13:33 | 02:17 18:13 | 00:21 21:34 | 01:38 22:02 | 05:51 20:02 | 07:49 18:05 | 10:49 15:03 | 12:56 14:23 |
| 4 | 00:08 11:13 | 04:01 09:12 | 05:22 07:17 | 06:12 12:16 | 04:14 15:20 | 02:14 20:07 | 00:24 23:14 | 03:26 21:59 | 07:16 19:59 | 09:16 18:01 | 12:40 14:59 | 12:57 16:19 |
| 5 | 01:35 11:10 | 05:55 09:10 | 06:59 07:44 | 06:09 14:14 | 04:11 17:06 | 02:12 22:07 | 00:48 23:47 | 05:07 21:56 | 08:40 19:55 | 10:47 17:57 | 14:39 14:54 | 12:54 18:15 |
| 6 | 03:07 11:07 | 07:52 09:17 | 07:04 09:47 | 06:05 16:07 | 04:08 18:56 | 02:11 ... | 02:16 23:50 | 06:40 21:53 | 10:05 19:51 | 12:25 17:52 | 14:52 16:38 | 12:51 20:06 |
| 7 | 04:48 11:04 | 08:46 10:34 | 07:02 11:57 | 06:01 17:57 | 04:04 20:50 | 02:17 00:06 | 04:07 23:49 | 08:08 21:49 | 11:32 19:47 | 14:12 17:47 | 14:48 18:38 | 12:48 21:52 |
| 8 | 06:38 11:03 | 08:49 12:44 | 06:58 14:02 | 05:58 19:48 | 04:01 22:50 | 03:04 01:24 | 05:53 23:47 | 09:33 21:45 | 13:06 19:43 | 16:08 17:40 | 14:44 20:34 | 12:44 23:34 |
| 9 | 08:37 11:05 | 08:47 14:54 | 06:55 16:01 | 05:54 21:41 | 03:59 ... | 04:49 01:39 | 07:31 23:44 | 10:57 21:42 | 14:46 19:38 | under | 14:40 22:25 | 12:41 ... |
| 10 | 10:15 11:39 | 08:44 16:57 | 06:51 17:54 | 05:51 23:39 | 03:59 00:54 | 06:39 01:40 | 09:02 23:41 | 12:22 21:38 | 16:37 19:33 | 17:42 20:01 | 14:36 ... | 12:37 01:16 |
| 11 | 10:35 13:33 | 08:41 18:51 | 06:47 19:45 | 05:47 ... | 04:13 02:45 | 08:21 01:38 | 10:28 23:37 | 13:52 21:34 | 18:41 19:23 | 17:36 22:04 | 14:32 00:12 | 12:34 03:01 |
| 12 | 10:36 15:42 | 08:38 20:40 | 06:44 21:36 | 05:45 01:41 | 05:33 03:27 | 09:55 01:35 | 11:52 23:34 | 15:28 21:30 | 19:36 20:29 | 17:32 ... | 14:29 01:58 | 12:31 04:52 |
| 13 | 10:34 17:45 | 08:34 22:27 | 06:40 23:29 | 05:47 03:42 | 07:24 03:31 | 11:23 01:32 | 13:16 23:30 | 17:13 21:27 | 19:27 22:41 | 17:27 00:03 | 14:25 03:45 | 12:29 06:51 |
| 14 | 10:32 19:40 | 08:31 ... | 06:37 ... | 06:23 05:08 | 09:10 03:29 | 12:48 01:29 | 14:43 23:27 | 19:09 21:23 | 19:22 ... | 17:23 01:57 | 14:22 05:36 | 12:29 08:58 |
| 15 | 10:29 21:27 | 08:28 00:14 | 06:35 01:25 | 08:06 05:21 | 10:48 03:27 | 14:12 01:25 | 16:16 23:23 | 21:08 21:24 | 19:18 00:47 | 17:20 03:48 | 14:19 07:35 | 12:40 10:58 |
| 16 | 10:26 23:11 | 08:26 02:03 | 06:34 03:24 | 09:55 05:20 | 12:18 03:24 | 15:37 01:22 | 17:57 23:20 | 21:15 23:24 | 19:14 02:47 | 17:16 05:38 | 14:17 09:42 | 13:56 11:54 |
| 17 | 10:23 ... | 08:24 03:56 | 06:42 05:14 | 11:36 05:18 | 13:44 03:20 | 17:07 01:18 | 19:48 23:18 | 21:11 ... | 19:10 04:43 | 17:12 07:30 | 14:18 11:52 | 15:54 12:00 |
| 18 | 10:20 00:53 | 08:27 05:48 | 07:48 06:05 | 13:10 05:15 | 15:08 03:17 | 18:44 01:15 | 21:45 23:18 | 21:07 01:34 | 19:06 06:35 | 17:08 09:27 | 14:50 13:33 | 17:47 11:59 |
| 19 | 10:18 02:36 | 08:50 07:21 | 09:34 06:09 | 14:38 05:11 | 16:33 03:13 | 20:30 01:12 | 22:56 ... | 21:04 03:39 | 19:02 08:26 | 17:05 11:31 | 16:38 13:51 | 19:30 11:56 |
| 20 | 10:16 04:23 | 10:13 07:50 | 11:19 06:07 | 16:03 05:08 | 18:00 03:10 | 22:25 01:09 | 22:59 00:13 | 21:00 05:37 | 18:58 10:20 | 17:03 13:41 | 18:34 13:51 | 21:04 11:53 |
| 21 | 10:16 06:14 | 11:58 07:54 | 12:57 06:04 | 17:27 05:04 | 19:33 03:06 | ... 01:08 | 22:57 02:18 | 20:56 07:30 | 18:55 12:18 | 17:07 15:46 | 20:21 13:48 | 22:32 11:50 |
| 22 | 10:24 08:01 | 13:39 07:52 | 14:28 06:01 | 18:53 05:00 | 21:14 03:03 | 00:15 01:21 | 22:54 04:24 | 20:52 09:19 | 18:51 14:21 | 18:18 16:41 | 21:58 13:45 | 23:57 11:46 |
| 23 | 11:05 09:16 | 15:15 07:50 | 15:55 05:58 | 20:22 04:57 | 23:04 03:00 | 00:46 02:56 | 22:50 06:24 | 20:49 11:07 | 18:50 16:27 | 20:15 16:43 | 23:28 13:42 | ... 11:43 |
| 24 | 12:37 09:36 | 16:45 07:47 | 17:20 05:54 | 21:57 04:53 | ... 02:57 | 00:47 05:00 | 22:47 08:16 | 20:45 12:58 | 19:05 18:16 | 22:05 16:40 | ... 13:38 | 01:21 11:39 |
| 25 | 14:20 09:39 | 18:11 07:44 | 18:44 05:50 | 23:41 04:49 | 01:00 02:57 | 00:44 07:00 | 22:43 10:03 | 20:42 14:53 | 20:47 18:33 | 23:46 16:37 | 00:53 13:35 | 02:47 11:36 |
| 26 | 16:00 09:39 | 19:35 07:40 | 20:10 05:47 | ... 04:46 | 02:29 03:30 | 00:42 08:54 | 22:40 11:48 | 20:40 16:53 | 22:41 18:31 | ... 16:34 | 02:16 13:31 | 04:18 11:32 |
| 27 | 17:34 09:36 | 20:59 07:37 | 21:40 05:43 | 01:32 04:42 | 02:38 05:25 | 00:38 10:40 | 22:37 13:33 | 20:41 18:53 | ... 18:28 | 00:18 15:30 | 03:41 13:27 | 05:56 11:29 |
| 28 | 19:02 09:34 | 22:25 07:33 | 23:17 05:39 | 03:30 04:41 | 02:36 07:26 | 00:35 12:23 | 22:34 15:21 | 21:23 20:11 | 00:26 18:24 | 01:45 15:26 | 05:09 13:24 | 07:42 11:26 |
| 29 | 20:27 09:31 | 23:57 07:29 | ... 05:35 | 04:30 05:42 | 02:33 09:22 | 00:32 14:06 | 22:31 17:15 | 23:13 20:18 | 02:04 18:20 | 03:10 15:22 | 06:43 13:20 | 09:34 11:25 |
| 30 | 21:50 09:27 | | 01:02 05:31 | 04:28 07:46 | 02:30 11:12 | 00:28 15:51 | 22:31 19:13 | ... 20:16 | 03:35 18:16 | 04:33 15:18 | 08:24 13:17 | 11:00 11:59 |
| 31 | 23:15 09:24 | | 03:57 06:27 | | 02:27 12:57 | | 22:40 21:04 | 01:03 20:13 | | 05:59 15:14 | | 11:07 13:52 |

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.