

Sveg: Månens upp- och nedgångar år 2022

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	08:41 12:34	09:39 15:45	07:53 14:56	07:02 20:04	05:11 22:19	03:39 00:42	04:47 00:39	08:45 22:51	12:46 20:54	16:08 19:04	15:47 21:39	13:52 ...
2	10:22 13:12	09:42 17:37	07:53 16:43	07:01 21:36	05:10 23:56	04:16 01:50	06:22 00:43	10:15 22:49	14:32 20:52	17:56 19:25	15:45 23:32	13:49 00:39
3	11:10 14:42	09:42 19:21	07:53 18:24	06:59 23:10	05:11 ...	05:31 02:21	07:57 00:44	11:46 22:47	16:27 20:53	18:31 21:01	15:42 ...	13:46 02:15
4	11:25 16:38	09:41 20:58	07:51 19:59	06:58 ...	05:16 01:32	07:04 02:30	09:28 00:43	13:21 22:45	18:26 21:00	18:34 23:04	15:39 01:16	13:43 03:49
5	11:30 18:32	09:40 22:30	07:50 21:32	06:58 00:44	05:34 02:59	08:39 02:33	10:59 00:42	15:03 22:43	19:54 21:44	18:33 ...	15:36 02:56	13:40 05:25
6	11:31 20:18	09:39 ...	07:49 23:04	07:01 02:21	06:25 03:53	10:14 02:33	12:30 00:40	16:53 22:43	20:16 23:35	18:31 01:03	15:33 04:33	13:39 07:04
7	11:31 21:56	09:38 00:00	07:48 ...	07:11 03:54	07:50 04:14	11:46 02:32	14:03 00:38	18:52 22:46	20:19 ...	18:28 02:56	15:30 06:09	13:38 08:45
8	11:31 23:27	09:38 01:30	07:48 00:37	07:40 05:10	09:26 04:20	13:19 02:30	15:42 00:36	20:47 23:04	20:19 01:39	18:25 04:41	15:27 07:47	13:41 10:28
9	11:30 ...	09:40 03:01	07:50 02:11	08:47 05:49	11:03 04:21	14:53 02:28	17:30 00:34	21:50 ...	20:17 03:38	18:22 06:21	15:26 09:29	13:57 11:59
10	11:29 00:55	09:44 04:33	07:56 03:44	10:17 06:03	12:38 04:20	16:31 02:26	19:28 00:33	22:04 00:18	20:15 05:30	18:19 08:00	15:25 11:12	14:57 12:47
11	11:28 02:22	09:54 06:03	08:13 05:11	11:55 06:07	14:13 04:19	18:17 02:24	21:31 00:35	22:07 02:21	20:12 07:15	18:17 09:38	15:30 12:55	16:30 12:58
12	11:29 03:51	10:20 07:21	08:57 06:12	13:33 06:08	15:48 04:17	20:13 02:23	23:12 00:43	22:06 04:26	20:09 08:55	18:15 11:18	15:58 14:15	18:09 13:00
13	11:31 05:21	11:19 08:10	10:15 06:40	15:10 06:07	17:27 04:15	22:18 02:23	23:48 01:22	22:04 06:23	20:07 10:33	18:13 13:01	17:16 14:44	19:45 12:59
14	11:37 06:52	12:44 08:30	11:50 06:50	16:47 06:06	19:11 04:13	... 02:26	23:55 03:08	22:02 08:11	20:05 12:11	18:15 14:44	18:54 14:49	21:16 12:56
15	11:53 08:19	14:21 08:38	13:28 06:54	18:25 06:04	21:04 04:12	00:19 02:44	23:56 05:14	22:00 09:52	20:04 13:50	18:25 16:20	20:33 14:48	22:46 12:53
16	12:29 09:27	15:58 08:41	15:06 06:55	20:07 06:02	23:06 04:11	01:26 03:59	23:55 07:14	21:58 11:28	20:04 15:31	19:14 17:19	22:08 14:47	... 12:51
17	13:39 10:05	17:34 08:42	16:43 06:54	21:54 06:01	... 04:12	01:42 05:59	23:53 09:04	21:56 13:04	20:09 17:10	20:44 17:34	23:41 14:44	00:15 12:48
18	15:08 10:21	19:09 08:41	18:20 06:53	23:49 06:00	01:11 04:20	01:45 08:00	23:51 10:46	21:55 14:39	20:33 18:32	22:23 17:36	... 14:41	01:46 12:44
19	16:44 10:27	20:44 08:40	19:58 06:51	... 06:00	02:51 04:58	01:45 09:52	23:49 12:21	21:55 16:17	21:41 19:11	... 17:35	01:12 14:38	03:23 12:42
20	18:19 10:30	22:20 08:39	21:39 06:50	01:50 06:03	03:25 06:38	01:43 11:34	23:47 13:54	21:58 17:54	23:16 19:20	00:02 17:33	02:44 14:35	05:07 12:39
21	19:53 10:30	... 08:38	23:27 06:49	03:45 06:18	03:33 08:37	01:41 13:10	23:46 15:27	22:09 19:26	... 19:22	01:37 17:31	04:20 14:32	07:03 12:37
22	21:25 10:30	00:00 08:38	... 06:48	04:57 07:19	03:34 10:31	01:39 14:41	23:45 17:01	22:49 20:33	00:54 19:21	03:10 17:28	06:03 14:29	09:10 12:37
23	22:59 10:29	01:46 08:38	01:19 06:50	05:16 09:08	03:33 12:16	01:38 16:12	23:47 18:36	... 20:59	02:31 19:19	04:43 17:25	07:55 14:26	11:15 12:50
24	... 10:28	03:38 08:42	03:15 06:57	05:20 11:03	03:31 13:53	01:36 17:43	23:52 20:11	00:08 21:07	04:06 19:17	06:18 17:22	09:58 14:25	12:06 14:21
25	00:35 10:28	05:30 08:54	04:58 07:23	05:21 12:52	03:29 15:26	01:34 19:17	... 21:36	01:44 21:08	05:39 19:14	07:57 17:18	12:07 14:27	12:10 16:33
26	02:16 10:28	07:00 09:35	05:49 08:41	05:19 14:33	03:27 16:56	01:34 20:53	00:11 22:29	03:21 21:07	07:12 19:11	09:44 17:16	13:44 15:08	12:09 18:39
27	04:06 10:30	07:38 11:08	07:03 11:32	05:18 16:09	03:25 18:27	01:37 22:26	01:04 22:48	04:57 21:05	08:47 19:08	11:39 17:13	14:00 17:08	12:07 20:34
28	06:01 10:36	07:49 13:03	07:06 13:25	05:16 17:42	03:23 19:59	01:46 23:44	02:30 22:54	06:29 21:03	10:27 19:06	13:42 17:13	14:00 19:14	12:04 22:20
29	07:51 10:58		07:06 15:13	05:14 19:13	03:22 21:34	02:13 ...	04:06 22:55	08:01 21:01	12:13 19:03	15:44 17:21	13:58 21:11	12:01 23:59
30	09:04 12:01		07:06 16:54	05:12 20:45	03:23 23:11	03:18 00:25	05:41 22:55	09:32 20:59	14:08 19:02	15:43 17:35	13:55 22:59	11:58 ...
31	09:31 13:48		07:04 18:30		03:26 ...		07:14 22:53	11:06 20:56		15:48 19:38		11:55 01:34

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.