

Umeå: Solens upp- och nedgångar år 2025

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	09:25 14:00	08:16 15:29	06:45 16:58	05:57 19:30	04:13 21:01	02:39 22:36	02:24 23:00	03:49 21:39	05:22 19:53	06:48 18:08	07:21 15:23	08:53 14:02
2	09:24 14:02	08:13 15:33	06:42 17:01	05:54 19:33	04:10 21:04	02:37 22:39	02:26 22:59	03:52 21:36	05:25 19:50	06:51 18:04	07:24 15:20	08:56 14:00
3	09:23 14:04	08:10 15:36	06:38 17:04	05:50 19:36	04:06 21:07	02:34 22:41	02:27 22:57	03:55 21:32	05:28 19:46	06:54 18:01	07:27 15:17	08:59 13:59
4	09:22 14:06	08:07 15:39	06:35 17:07	05:47 19:39	04:03 21:11	02:32 22:44	02:30 22:55	03:59 21:29	05:31 19:43	06:56 17:57	07:30 15:14	09:01 13:57
5	09:21 14:08	08:04 15:42	06:31 17:10	05:43 19:42	04:00 21:14	02:30 22:46	02:32 22:54	04:02 21:26	05:34 19:39	06:59 17:54	07:33 15:11	09:03 13:55
6	09:19 14:11	08:01 15:46	06:28 17:13	05:40 19:45	03:56 21:17	02:28 22:49	02:34 22:52	04:05 21:22	05:37 19:35	07:02 17:50	07:36 15:07	09:06 13:54
7	09:18 14:13	07:58 15:49	06:25 17:16	05:36 19:48	03:53 21:20	02:26 22:51	02:36 22:49	04:08 21:19	05:40 19:32	07:05 17:47	07:40 15:04	09:08 13:52
8	09:16 14:16	07:55 15:52	06:21 17:19	05:32 19:51	03:50 21:23	02:25 22:53	02:39 22:47	04:11 21:16	05:43 19:28	07:08 17:43	07:43 15:01	09:10 13:51
9	09:14 14:18	07:52 15:56	06:18 17:22	05:29 19:54	03:46 21:26	02:23 22:55	02:41 22:45	04:14 21:12	05:45 19:25	07:11 17:40	07:46 14:58	09:12 13:50
10	09:12 14:21	07:48 15:59	06:14 17:25	05:25 19:57	03:43 21:30	02:21 22:57	02:44 22:43	04:17 21:09	05:48 19:21	07:14 17:36	07:49 14:55	09:14 13:49
11	09:10 14:24	07:45 16:02	06:11 17:28	05:22 20:00	03:40 21:33	02:20 22:58	02:46 22:40	04:20 21:06	05:51 19:18	07:17 17:33	07:52 14:52	09:16 13:48
12	09:08 14:26	07:42 16:05	06:07 17:31	05:18 20:03	03:37 21:36	02:19 23:00	02:49 22:38	04:23 21:02	05:54 19:14	07:19 17:30	07:56 14:50	09:18 13:47
13	09:06 14:29	07:39 16:08	06:04 17:34	05:15 20:06	03:33 21:39	02:17 23:02	02:52 22:35	04:26 20:59	05:57 19:11	07:22 17:26	07:59 14:47	09:19 13:46
14	09:04 14:32	07:35 16:11	06:00 17:37	05:12 20:09	03:30 21:42	02:16 23:03	02:55 22:33	04:29 20:56	06:00 19:07	07:25 17:23	08:02 14:44	09:21 13:46
15	09:02 14:35	07:32 16:15	05:57 17:40	05:08 20:12	03:27 21:46	02:16 23:04	02:57 22:30	04:32 20:52	06:03 19:04	07:28 17:19	08:05 14:41	09:22 13:45
16	09:00 14:38	07:29 16:18	05:53 17:43	05:05 20:15	03:24 21:49	02:15 23:05	03:00 22:27	04:35 20:49	06:05 19:00	07:31 17:16	08:08 14:38	09:24 13:45
17	08:57 14:41	07:26 16:21	05:50 17:46	05:01 20:18	03:21 21:52	02:14 23:06	03:03 22:25	04:38 20:45	06:08 18:57	07:34 17:13	08:11 14:35	09:25 13:45
18	08:55 14:44	07:22 16:24	05:46 17:49	04:58 20:21	03:18 21:55	02:14 23:07	03:06 22:22	04:41 20:42	06:11 18:53	07:37 17:09	08:15 14:33	09:26 13:45
19	08:52 14:47	07:19 16:27	05:43 17:52	04:54 20:24	03:15 21:58	02:14 23:07	03:09 22:19	04:44 20:38	06:14 18:50	07:40 17:06	08:18 14:30	09:27 13:45
20	08:50 14:51	07:16 16:30	05:39 17:55	04:51 20:27	03:12 22:01	02:14 23:07	03:12 22:16	04:47 20:35	06:16 18:46	07:43 17:03	08:21 14:27	09:27 13:45
21	08:47 14:54	07:12 16:34	05:36 17:58	04:47 20:30	03:09 22:04	02:14 23:08	03:15 22:13	04:50 20:31	06:19 18:43	07:47 16:59	08:24 14:25	09:28 13:46
22	08:45 14:57	07:09 16:37	05:32 18:01	04:44 20:33	03:06 22:07	02:14 23:08	03:18 22:10	04:53 20:28	06:22 18:39	07:50 16:56	08:27 14:22	09:29 13:46
23	08:42 15:00	07:06 16:40	05:29 18:04	04:40 20:36	03:03 22:10	02:15 23:07	03:21 22:07	04:56 20:24	06:25 18:36	07:53 16:53	08:30 14:20	09:29 13:47
24	08:39 15:03	07:02 16:43	05:25 18:06	04:37 20:39	03:00 22:13	02:15 23:07	03:24 22:04	04:59 20:21	06:28 18:32	07:56 16:49	08:33 14:17	09:29 13:48
25	08:37 15:07	06:59 16:46	05:22 18:09	04:33 20:42	02:57 22:16	02:16 23:07	03:27 22:01	05:02 20:17	06:31 18:29	07:59 16:46	08:36 14:15	09:29 13:49
26	08:34 15:10	06:56 16:49	05:18 18:12	04:30 20:45	02:55 22:19	02:17 23:06	03:30 21:58	05:05 20:14	06:33 18:25	07:02 15:43	08:39 14:13	09:29 13:50
27	08:31 15:13	06:52 16:52	05:15 18:15	04:27 20:48	02:52 22:22	02:18 23:05	03:33 21:55	05:08 20:11	06:36 18:22	07:05 15:39	08:42 14:10	09:29 13:51
28	08:28 15:16	06:49 16:55	05:11 18:18	04:23 20:52	02:49 22:25	02:19 23:04	03:36 21:52	05:11 20:07	06:39 18:18	07:08 15:36	08:45 14:08	09:28 13:53
29	08:25 15:19		05:08 18:21	04:20 20:55	02:47 22:28	02:21 23:03	03:40 21:49	05:14 20:04	06:42 18:15	07:11 15:33	08:48 14:06	09:28 13:54
30	08:22 15:23		06:04 19:24	04:16 20:58	02:44 22:31	02:22 23:02	03:43 21:45	05:17 20:00	06:45 18:11	07:14 15:29	08:51 14:04	09:27 13:56
31	08:19 15:26		06:01 19:27		02:42 22:34		03:46 21:42	05:20 19:57		07:17 15:26		09:27 13:58

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser solens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - solen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta händer enbart i nordligaste Sverige.

två tider för upp- eller nedgången betyder att solen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i nordligaste Sverige.