

Uppsala: Månens upp- och nedgångar år 2022

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	07:53 12:55	09:05 15:51	07:23 14:58	06:50 19:47	05:09 21:49	04:08 ...	05:05 ...	08:37 22:35	12:20 20:53	15:11 19:33	15:12 21:46	13:34 ...
2	09:24 13:43	09:15 17:35	07:30 16:38	06:52 21:15	05:14 23:18	04:51 00:48	06:30 00:08	10:03 22:36	14:00 20:59	16:38 20:15	15:18 23:31	13:35 00:28
3	10:20 15:05	09:21 19:14	07:34 18:14	06:55 22:43	05:22 ...	05:57 01:27	07:58 00:15	11:30 22:38	15:44 21:09	17:29 21:35	15:21 ...	13:36 02:00
4	10:47 16:49	09:24 20:46	07:37 19:45	06:59 ...	05:38 00:44	07:18 01:48	09:24 00:20	13:00 22:40	17:25 21:34	17:51 23:19	15:22 01:09	13:37 03:30
5	11:01 18:34	09:27 22:14	07:39 21:13	07:05 00:12	06:08 01:59	08:45 02:00	10:50 00:22	14:36 22:44	18:42 22:28	18:01 ...	15:23 02:44	13:39 05:00
6	11:08 20:13	09:30 23:40	07:42 22:41	07:16 01:39	06:59 02:53	10:13 02:06	12:16 00:24	16:18 22:52	19:23 23:59	18:06 01:07	15:24 04:16	13:44 06:32
7	11:12 21:46	09:33 ...	07:45 ...	07:36 03:01	08:12 03:24	11:40 02:10	13:45 00:26	18:04 23:07	19:42 ...	18:08 02:52	15:26 05:48	13:52 08:05
8	11:15 23:13	09:38 01:05	07:50 00:08	08:14 04:09	09:37 03:41	13:08 02:12	15:19 00:28	19:42 23:42	19:50 01:49	18:10 04:31	15:28 07:20	14:07 09:34
9	11:18 ...	09:44 02:30	07:59 01:35	09:15 04:53	11:06 03:50	14:38 02:14	17:01 00:31	20:48 ...	19:55 03:39	18:11 06:07	15:34 08:54	14:39 10:50
10	11:21 00:37	09:55 03:55	08:14 03:00	10:34 05:19	12:35 03:56	16:11 02:16	18:49 00:37	21:20 00:53	19:57 05:24	18:13 07:41	15:44 10:28	15:35 11:41
11	11:25 02:00	10:15 05:16	08:41 04:15	12:02 05:32	14:05 03:59	17:52 02:18	20:37 00:47	21:34 02:37	19:59 07:04	18:15 09:14	16:04 11:54	16:53 12:08
12	11:30 03:24	10:49 06:25	09:28 05:14	13:33 05:40	15:36 04:01	19:40 02:23	22:05 01:10	21:41 04:30	20:00 08:39	18:18 10:48	16:44 13:02	18:19 12:21
13	11:38 04:48	11:45 07:16	10:37 05:51	15:05 05:45	17:10 04:03	21:32 02:30	22:55 02:02	21:44 06:19	20:02 10:12	18:25 12:22	17:49 13:43	19:47 12:28
14	11:52 06:11	13:01 07:46	12:02 06:11	16:36 05:48	18:49 04:06	23:16 02:46	23:17 03:32	21:47 08:02	20:05 11:45	18:38 13:54	19:12 14:03	21:13 12:31
15	12:16 07:29	14:28 08:03	13:32 06:22	18:10 05:50	20:35 04:09	... 03:20	23:27 05:24	21:49 09:38	20:10 13:17	19:06 15:13	20:40 14:13	22:38 12:33
16	12:58 08:32	15:59 08:12	15:04 06:29	19:47 05:52	22:26 04:14	00:25 04:32	23:32 07:14	21:50 11:11	20:20 14:49	19:56 16:09	22:08 14:18	... 12:34
17	14:01 09:15	17:29 08:18	16:35 06:33	21:28 05:55	... 04:25	00:57 06:15	23:35 08:58	21:53 12:41	20:38 16:14	21:10 16:40	23:36 14:21	00:03 12:35
18	15:21 09:40	19:00 08:22	18:07 06:36	23:16 05:59	00:16 04:48	01:12 08:05	23:37 10:35	21:57 14:11	21:14 17:24	22:36 16:56	... 14:22	01:30 12:36
19	16:49 09:55	20:29 08:26	19:41 06:39	... 06:07	01:43 05:38	01:19 09:49	23:39 12:06	22:04 15:41	22:15 18:10	... 17:03	01:02 14:23	03:01 12:37
20	18:18 10:03	22:01 08:28	21:17 06:41	01:05 06:21	02:32 07:04	01:23 11:26	23:42 13:35	22:17 17:09	23:35 18:34	00:06 17:08	02:30 14:24	04:40 12:40
21	19:46 10:09	23:37 08:31	22:58 06:45	02:44 06:53	02:54 08:49	01:25 12:57	23:45 15:02	22:41 18:28	... 18:46	01:34 17:10	04:01 14:25	06:27 12:47
22	21:14 10:12	... 08:36	... 06:50	03:53 07:55	03:04 10:33	01:27 14:25	23:50 16:30	23:26 19:28	01:03 18:52	03:03 17:11	05:38 14:28	08:19 13:02
23	22:43 10:15	01:16 08:42	00:43 07:00	04:28 09:28	03:09 12:11	01:29 15:51	23:58 17:58	... 20:06	02:32 18:56	04:31 17:12	07:23 14:32	09:59 13:39
24	... 10:18	02:59 08:55	02:26 07:19	04:45 11:10	03:12 13:44	01:31 17:17	... 19:22	00:34 20:25	04:01 18:58	06:02 17:13	09:14 14:42	11:01 14:59
25	00:15 10:22	04:38 09:19	03:55 07:59	04:53 12:51	03:14 15:12	01:35 18:45	00:14 20:36	01:58 20:35	05:30 18:59	07:36 17:14	11:03 15:05	11:26 16:49
26	01:51 10:27	05:59 10:09	04:52 09:11	04:57 14:27	03:16 16:38	01:41 20:12	00:45 21:29	03:26 20:41	06:58 19:00	09:16 17:17	12:24 16:00	11:37 18:43
27	03:33 10:36	06:47 11:31	06:20 11:47	05:00 15:58	03:18 18:04	01:51 21:34	01:37 22:00	04:55 20:44	08:29 19:01	11:02 17:23	13:05 17:34	11:42 20:31
28	05:18 10:52	07:11 13:13	06:33 13:30	05:02 17:26	03:20 19:31	02:11 22:42	02:51 22:16	06:23 20:46	10:03 19:03	12:51 17:37	13:21 19:24	11:45 22:11
29	06:56 11:25		06:41 15:11	05:04 18:54	03:24 20:59	02:48 23:28	04:16 22:25	07:49 20:47	11:43 19:08	14:29 18:09	13:29 21:12	11:46 23:45
30	08:08 12:30		06:45 16:46	05:06 20:21	03:31 22:26	03:47 23:54	05:44 22:30	09:17 20:49	13:27 19:16	14:32 18:18	13:32 22:53	11:47 ...
31	08:46 14:05		06:48 18:18		03:44 23:46		07:11 22:33	10:46 20:50		15:01 19:58		11:48 01:16

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.