

Uppsala: Månens upp- och nedgångar år 2023

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December			
1	11:50 02:46	10:38 06:31	09:09 05:34	13:03 06:16	14:59 04:32	18:28 02:44	21:07 01:04	22:08 02:32	20:27 07:23	18:39 09:53	16:28 13:05	17:51 12:55			
2	11:54 04:17	11:18 07:37	10:08 06:22	14:31 06:18	16:24 04:32	20:10 02:45	22:41 01:18	22:13 04:32	20:27 09:07	18:41 11:39	17:22 14:08	19:24 13:02			
3	12:00 05:49	12:24 08:17	11:28 06:47	15:58 06:20	17:52 04:32	21:59 02:49	23:33 01:59	22:15 06:29	20:27 10:49	18:47 13:25	18:45 14:37	20:54 13:04			
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Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.