

Uppsala: Nautisk skymning/gryning år 2026

| | Januari | Februari | Mars | April | Maj | Juni | Juli | Augusti | September | Oktober | November | December |
|----|-------------|-------------|-------------|-------------|-------------|------|------|----------------------|-------------|-------------|-------------|-------------|
| 1 | 06:58 16:48 | 06:25 17:42 | 05:18 18:46 | 04:39 21:09 | 02:34 23:03 | --- | --- | 01:11 00:41 | 04:01 21:35 | 05:24 19:52 | 05:36 17:28 | 06:34 16:42 |
| 2 | 06:58 16:49 | 06:23 17:44 | 05:15 18:49 | 04:36 21:12 | 02:29 23:09 | --- | --- | 01:30 00:22 | 04:04 21:31 | 05:27 19:49 | 05:39 17:26 | 06:36 16:41 |
| 3 | 06:58 16:50 | 06:21 17:46 | 05:13 18:51 | 04:32 21:15 | 02:23 23:14 | --- | --- | 01:42 00:10 24:00 | 04:07 21:27 | 05:29 19:46 | 05:41 17:24 | 06:37 16:40 |
| 4 | 06:57 16:52 | 06:19 17:48 | 05:10 18:54 | 04:29 21:18 | 02:17 23:21 | --- | --- | 01:52 23:52 | 04:11 21:24 | 05:32 19:43 | 05:43 17:22 | 06:39 16:40 |
| 5 | 06:57 16:53 | 06:17 17:50 | 05:07 18:56 | 04:25 21:21 | 02:11 23:27 | --- | --- | 02:00 23:44 | 04:14 21:20 | 05:34 19:40 | 05:45 17:20 | 06:40 16:39 |
| 6 | 06:57 16:54 | 06:15 17:53 | 05:04 18:59 | 04:21 21:24 | 02:05 23:34 | --- | --- | 02:07 23:37 | 04:17 21:16 | 05:37 19:37 | 05:47 17:18 | 06:42 16:39 |
| 7 | 06:56 16:56 | 06:13 17:55 | 05:01 19:01 | 04:18 21:28 | 01:58 23:41 | --- | --- | 02:14 23:31 | 04:20 21:13 | 05:39 19:34 | 05:49 17:16 | 06:43 16:38 |
| 8 | 06:56 16:57 | 06:11 17:57 | 04:58 19:04 | 04:14 21:31 | 01:50 23:50 | --- | --- | 02:20 23:25 | 04:23 21:09 | 05:42 19:31 | 05:52 17:14 | 06:44 16:38 |
| 9 | 06:55 16:59 | 06:09 17:59 | 04:55 19:06 | 04:10 21:34 | 01:42 23:59 | --- | --- | 02:26 23:19 | 04:26 21:05 | 05:44 19:28 | 05:54 17:12 | 06:46 16:37 |
| 10 | 06:54 17:00 | 06:07 18:02 | 04:52 19:09 | 04:06 21:37 | 01:32 ... | --- | --- | 02:32 23:13 | 04:29 21:02 | 05:46 19:25 | 05:56 17:10 | 06:47 16:37 |
| 11 | 06:53 17:02 | 06:04 18:04 | 04:49 19:11 | 04:03 21:41 | 01:20 00:11 | --- | --- | 02:37 23:07 | 04:32 20:58 | 05:49 19:22 | 05:58 17:08 | 06:48 16:37 |
| 12 | 06:53 17:03 | 06:02 18:06 | 04:46 19:14 | 03:59 21:44 | 01:01 00:30 | --- | --- | 02:42 23:02 | 04:34 20:55 | 05:51 19:19 | 06:00 17:06 | 06:49 16:37 |
| 13 | 06:52 17:05 | 06:00 18:08 | 04:43 19:16 | 03:55 21:48 | --- | --- | --- | 02:47 22:57 | 04:37 20:51 | 05:53 19:16 | 06:02 17:05 | 06:50 16:37 |
| 14 | 06:51 17:07 | 05:57 18:11 | 04:40 19:19 | 03:51 21:51 | --- | --- | --- | 02:52 22:52 | 04:40 20:48 | 05:56 19:14 | 06:04 17:03 | 06:51 16:37 |
| 15 | 06:50 17:08 | 05:55 18:13 | 04:36 19:22 | 03:47 21:55 | --- | --- | --- | 02:57 22:47 | 04:43 20:44 | 05:58 19:11 | 06:06 17:01 | 06:52 16:37 |
| 16 | 06:49 17:10 | 05:53 18:15 | 04:33 19:24 | 03:43 21:59 | --- | --- | --- | 03:01 22:42 | 04:46 20:41 | 06:01 19:08 | 06:08 17:00 | 06:53 16:37 |
| 17 | 06:48 17:12 | 05:50 18:18 | 04:30 19:27 | 03:39 22:02 | --- | --- | --- | 03:06 22:37 | 04:48 20:37 | 06:03 19:05 | 06:10 16:58 | 06:53 16:37 |
| 18 | 06:47 17:14 | 05:48 18:20 | 04:27 19:30 | 03:34 22:06 | --- | --- | --- | 03:10 22:33 | 04:51 20:34 | 06:05 19:03 | 06:12 16:57 | 06:54 16:38 |
| 19 | 06:45 17:15 | 05:45 18:22 | 04:24 19:32 | 03:30 22:10 | --- | --- | --- | 03:14 22:28 | 04:54 20:30 | 06:07 19:00 | 06:14 16:55 | 06:55 16:38 |
| 20 | 06:44 17:17 | 05:43 18:25 | 04:20 19:35 | 03:26 22:13 | --- | --- | --- | 03:18 22:24 | 04:57 20:27 | 06:10 18:57 | 06:16 16:54 | 06:56 16:38 |
| 21 | 06:43 17:19 | 05:40 18:27 | 04:17 19:38 | 03:22 22:17 | --- | --- | --- | 03:22 22:20 | 04:59 20:24 | 06:12 18:55 | 06:17 16:52 | 06:56 16:39 |
| 22 | 06:41 17:21 | 05:37 18:29 | 04:14 19:40 | 03:17 22:21 | --- | --- | --- | 03:26 22:15 | 05:02 20:20 | 06:14 18:52 | 06:19 16:51 | 06:57 16:39 |
| 23 | 06:40 17:23 | 05:35 18:32 | 04:11 19:43 | 03:13 22:26 | --- | --- | --- | 03:30 22:11 | 05:04 20:17 | 06:16 18:50 | 06:21 16:50 | 06:57 16:40 |
| 24 | 06:38 17:25 | 05:32 18:34 | 04:07 19:46 | 03:09 22:30 | --- | --- | --- | 03:33 22:07 | 05:07 20:14 | 06:19 18:47 | 06:23 16:49 | 06:57 16:40 |
| 25 | 06:37 17:27 | 05:29 18:37 | 04:04 19:49 | 03:04 22:34 | --- | --- | --- | 03:37 22:03 | 05:09 20:11 | 05:21 17:45 | 06:25 16:47 | 06:58 16:41 |
| 26 | 06:35 17:29 | 05:27 18:39 | 04:01 19:52 | 03:00 22:39 | --- | --- | --- | 03:41 21:59 | 05:12 20:08 | 05:23 17:42 | 06:26 16:46 | 06:58 16:42 |
| 27 | 06:34 17:31 | 05:24 18:42 | 03:57 19:55 | 02:55 22:43 | --- | --- | --- | 03:44 21:55 | 05:15 20:04 | 05:25 17:40 | 06:28 16:45 | 06:58 16:43 |
| 28 | 06:32 17:33 | 05:21 18:44 | 03:54 19:57 | 02:50 22:48 | --- | --- | --- | 03:48 21:51 | 05:17 20:01 | 05:28 17:37 | 06:30 16:44 | 06:58 16:44 |
| 29 | 06:30 17:35 | | 04:50 21:00 | 02:45 22:53 | --- | --- | --- | 03:51 21:47 | 05:20 19:58 | 05:30 17:35 | 06:31 16:43 | 06:58 16:45 |
| 30 | 06:29 17:37 | | 04:47 21:03 | 02:40 22:58 | --- | --- | --- | 03:55 21:43 | 05:22 19:55 | 05:32 17:33 | 06:33 16:42 | 06:58 16:46 |
| 31 | 06:27 17:40 | | 04:43 21:06 | | --- | | --- | 03:58 21:39 | | 05:34 17:30 | | 06:58 16:47 |

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

... : Fenomenet inträffar först nästa dag.

--- : Fenomenet utgår därför att solen aldrig når så långt under horisonten.

Två tider/uppgifter samma dag betyder att fenomenet inträffar två gånger samma dag. Detta kan hända vid enstaka fall i hela Sverige.