

Helsingborg: Astronomisk skymning/gryning år 2019

| | Januari | Februari | Mars | April | Maj | Juni | Juli | Augusti | September | Oktober | November | December |
|----|-------------|-------------|-------------|-------------|-------------|------|------|----------------------|-------------|-------------|-------------|-------------|
| 1 | 06:19 18:06 | 05:55 18:51 | 04:58 19:47 | 04:25 22:03 | 02:04 00:08 | --- | --- | --- | 03:44 22:31 | 05:05 20:51 | 05:08 18:36 | 05:57 17:58 |
| 2 | 06:19 18:07 | 05:54 18:53 | 04:55 19:49 | 04:22 22:06 | 01:55 00:17 | --- | --- | --- | 03:48 22:27 | 05:08 20:48 | 05:10 18:34 | 05:59 17:58 |
| 3 | 06:19 18:08 | 05:52 18:55 | 04:53 19:51 | 04:18 22:09 | 01:43 00:28 | --- | --- | --- | 03:51 22:23 | 05:10 20:45 | 05:12 18:32 | 06:00 17:57 |
| 4 | 06:19 18:09 | 05:50 18:57 | 04:50 19:53 | 04:15 22:12 | 01:26 00:44 | --- | --- | --- | 03:54 22:19 | 05:12 20:42 | 05:14 18:30 | 06:01 17:57 |
| 5 | 06:19 18:10 | 05:49 18:59 | 04:48 19:55 | 04:11 22:15 | --- | --- | --- | --- | 03:58 22:16 | 05:14 20:39 | 05:16 18:29 | 06:02 17:57 |
| 6 | 06:19 18:11 | 05:47 19:00 | 04:45 19:58 | 04:07 22:18 | --- | --- | --- | --- | 04:01 22:12 | 05:16 20:36 | 05:17 18:27 | 06:03 17:56 |
| 7 | 06:18 18:13 | 05:45 19:02 | 04:42 20:00 | 04:04 22:22 | --- | --- | --- | --- | 04:04 22:08 | 05:19 20:34 | 05:19 18:25 | 06:04 17:56 |
| 8 | 06:18 18:14 | 05:43 19:04 | 04:39 20:02 | 04:00 22:25 | --- | --- | --- | --- | 04:07 22:05 | 05:21 20:31 | 05:21 18:24 | 06:06 17:56 |
| 9 | 06:18 18:15 | 05:42 19:06 | 04:37 20:04 | 03:56 22:28 | --- | --- | --- | --- | 04:09 22:01 | 05:23 20:28 | 05:23 18:22 | 06:07 17:56 |
| 10 | 06:17 18:16 | 05:40 19:08 | 04:34 20:07 | 03:52 22:31 | --- | --- | --- | 01:42 00:47 | 04:12 21:58 | 05:25 20:26 | 05:25 18:20 | 06:08 17:56 |
| 11 | 06:17 18:18 | 05:38 19:10 | 04:31 20:09 | 03:48 22:35 | --- | --- | --- | 01:56 00:33 | 04:15 21:54 | 05:27 20:23 | 05:26 18:19 | 06:09 17:56 |
| 12 | 06:16 18:19 | 05:36 19:12 | 04:28 20:11 | 03:44 22:39 | --- | --- | --- | 02:06 00:23 | 04:18 21:51 | 05:29 20:21 | 05:28 18:17 | 06:10 17:56 |
| 13 | 06:16 18:20 | 05:34 19:14 | 04:25 20:13 | 03:40 22:42 | --- | --- | --- | 02:14 00:14 | 04:21 21:47 | 05:31 20:18 | 05:30 18:16 | 06:10 17:56 |
| 14 | 06:15 18:22 | 05:32 19:16 | 04:22 20:16 | 03:36 22:46 | --- | --- | --- | 02:22 00:06 23:59 | 04:23 21:44 | 05:33 20:16 | 05:31 18:15 | 06:11 17:56 |
| 15 | 06:14 18:23 | 05:30 19:18 | 04:20 20:18 | 03:32 22:50 | --- | --- | --- | 02:29 23:53 | 04:26 21:40 | 05:35 20:13 | 05:33 18:13 | 06:12 17:56 |
| 16 | 06:13 18:25 | 05:28 19:20 | 04:17 20:21 | 03:27 22:54 | --- | --- | --- | 02:35 23:47 | 04:29 21:37 | 05:37 20:11 | 05:35 18:12 | 06:13 17:56 |
| 17 | 06:13 18:26 | 05:26 19:22 | 04:14 20:23 | 03:23 22:58 | --- | --- | --- | 02:41 23:41 | 04:31 21:34 | 05:39 20:08 | 05:36 18:11 | 06:14 17:56 |
| 18 | 06:12 18:28 | 05:24 19:24 | 04:11 20:26 | 03:19 23:02 | --- | --- | --- | 02:46 23:35 | 04:34 21:30 | 05:41 20:06 | 05:38 18:10 | 06:14 17:57 |
| 19 | 06:11 18:29 | 05:21 19:26 | 04:08 20:28 | 03:14 23:06 | --- | --- | --- | 02:52 23:30 | 04:37 21:27 | 05:43 20:04 | 05:40 18:08 | 06:15 17:57 |
| 20 | 06:10 18:31 | 05:19 19:28 | 04:05 20:31 | 03:10 23:11 | --- | --- | --- | 02:57 23:25 | 04:39 21:24 | 05:45 20:01 | 05:41 18:07 | 06:16 17:57 |
| 21 | 06:09 18:32 | 05:17 19:30 | 04:02 20:33 | 03:05 23:15 | --- | --- | --- | 03:01 23:20 | 04:42 21:21 | 05:47 19:59 | 05:43 18:06 | 06:16 17:58 |
| 22 | 06:08 18:34 | 05:15 19:32 | 03:58 20:36 | 03:00 23:20 | --- | --- | --- | 03:06 23:15 | 04:44 21:17 | 05:49 19:57 | 05:44 18:05 | 06:17 17:58 |
| 23 | 06:07 18:36 | 05:12 19:34 | 03:55 20:38 | 02:55 23:25 | --- | --- | --- | 03:10 23:10 | 04:47 21:14 | 05:51 19:54 | 05:46 18:04 | 06:17 17:59 |
| 24 | 06:06 18:37 | 05:10 19:36 | 03:52 20:41 | 02:50 23:30 | --- | --- | --- | 03:14 23:05 | 04:49 21:11 | 05:53 19:52 | 05:47 18:03 | 06:18 18:00 |
| 25 | 06:05 18:39 | 05:08 19:38 | 03:49 20:44 | 02:44 23:35 | --- | --- | --- | 03:18 23:01 | 04:52 21:08 | 05:55 19:50 | 05:49 18:03 | 06:18 18:00 |
| 26 | 06:03 18:41 | 05:05 19:40 | 03:45 20:46 | 02:38 23:41 | --- | --- | --- | 03:22 22:56 | 04:54 21:05 | 05:57 19:48 | 05:50 18:02 | 06:18 18:01 |
| 27 | 06:02 18:42 | 05:03 19:42 | 03:42 20:49 | 02:32 23:47 | --- | --- | --- | 03:26 22:52 | 04:56 21:02 | 04:59 18:46 | 05:52 18:01 | 06:19 18:02 |
| 28 | 06:01 18:44 | 05:00 19:44 | 03:39 20:52 | 02:26 23:53 | --- | --- | --- | 03:30 22:47 | 04:59 20:59 | 05:01 18:44 | 05:53 18:00 | 06:19 18:02 |
| 29 | 06:00 18:46 | | 03:35 20:55 | 02:19 ... | --- | --- | --- | 03:34 22:43 | 05:01 20:56 | 05:03 18:42 | 05:55 18:00 | 06:19 18:03 |
| 30 | 05:58 18:48 | | 03:32 20:58 | 02:12 00:00 | --- | --- | --- | 03:37 22:39 | 05:03 20:54 | 05:05 18:40 | 05:56 17:59 | 06:19 18:04 |
| 31 | 05:57 18:49 | | 04:29 22:00 | | --- | | --- | 03:41 22:35 | | 05:07 18:38 | | 06:19 18:05 |

Framtagen av André Franke, meteorolog och amatörastronom, www.astroinfo.se

... : Fenomenet inträffar först nästa dag.

--- : Fenomenet utgår därför att solen aldrig når så långt under horisonten.

Två tider/uppgifter samma dag betyder att fenomenet inträffar två gånger samma dag. Detta kan hända vid enstaka fall i hela Sverige.